

FREE KnitBits

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Poonam









Poonam is our latest take on a classic aran pullover.

Shown in size Small

SIZES

Directions are for women's size X-Small. Changes for sizes Small, Medium, Large, 1X and 2X are in parentheses.

Schematics HTML

Schematics PDF





FINISHED MEASUREMENTS

Bust - 32(36-40-44-48-52)"

Length - 20(20-20 1/2-21-21 1/2-22)"

MATERIALS

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15(16-19-21-23-26) Balls BERROCO PURE MERINO (50 grs), #8501 Ecru

Straight knitting needles, sizes 8 and 9 OR SIZE TO OBTAIN GAUGE

16" Length circular knitting needle, size 8

Cable needle (cn)

2 St markers

2 St holders

GAUGE

18 sts = 4"; 24 rows = 4" in Textured Pat on size 9 needles

10 sts = $1 \frac{1}{4}$; 24 rows = 4" in Cable Pat A on size 9 needles

32 sts = $5 \frac{1}{2}$ "; 24 rows = 4" in Cable Pat B on size 9 needles

TO SAVE TIME, TAKE TIME TO CHECK GAUGE

STITCH GLOSSARY

CF4

SI 2 sts to cn and hold in FRONT, k2, then k2 from cn

CB4

SI 2 sts to cn and hold in BACK, k2, then k2 from cn

RT4

SI 2 sts to cn and hold in BACK, k2, then p2 from cn

LT4

SI 2 sts to cn and hold in FRONT, p2, then k2 from cn

TEXTURED PAT (Multiple of 4 sts + 1)

Row 1 (RS): K1, * p3, k1, rep from * across.

Row 2: Purl.

Row 3: * P2, k1, p1, rep from * to last st, end p1.

Row 4: Purl.

Rep these 4 rows for Textured Pat.

CABLE PATTERN A (Worked over 10 sts)

Row 1 (RS): (P2, k2) twice, p2.

Row 2 and all WS rows: (K2, p2) twice, k2.

Row 3: P2, sl 4 sts to cn and hold in FRONT, k2, sl the 2 purl sts from cn back to LH needle, move cn to BACK of work; p2 from LH needle, k2 from cn, then p2.

Rows 5 and 7: Rep Row 1.

Row 8: Rep Row 2.

Rep these 8 rows for Cable Pat A.

CABLE PATTERN B (Worked over 32 sts)

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Row 1 (RS): K2, p12, CF4, p12, k2.

Row 2 and all WS rows: K the k sts and p the p sts as they face you.

Row 3: K2, p10, CB4, CF4, p10, k2.

Row 5: K2, p8, RT4, k4, LT4, p8, k2.

Row 7: K2, p6, RT4, p2, CF4, p2, LT4, p6, k2.

Row 9: K2, p4, CB4, p4, k4, p4, CF4, p4, k2.

Row 11: K2, p2, RT4, LT4, p2, CF4, p2, RT4, LT4, p2, k2.

Row 13: K2, p2, k2, p4, LT4, k4, RT4, p4, k2, p2, k2.

Row 15: K2, p10, LT4, RT4, p10, k2.

Row 16: Rep Row 2.

Rep these 16 rows for Cable Pat B.

BACK

With smaller straight needles, cast on 102(110-122-130-138-146) sts.

Ribbing: Row 1 (RS): K2, * p2, k2, pre from * across.

Row 2: P2, * k2, p2, rep from * across. Rep these 2 rows until piece measures 3" from beg, end on RS. Change to larger needles and p the next row, dec 29 sts evenly spaced across – 73(81-93-101-109-117) sts. Work even in Textured Pat until piece measures 12" from beg, end on WS.

Shape Armholes: Bind off 4(5-6-8-9-10) sts at beg of the next 2 rows -65(71-81-85-91-97) sts. Dec 1 st at each armhole edge every RS row 5(8-11-11-11-12) times -55(55-59-63-69-73) sts. Work even until armholes measure $7(7-7 \ 1/2-8-8 \ 1/2-9)''$, end on WS.

Shape Neck and Shoulders: Next Row (RS): Bind off 3(3-5-5-6-6) sts, work until there are 16(16-16-18-20-22) sts on RH needle, sl center 17 sts to holder, join another ball of yarn and work to end - 16(16-16-18-20-22) sts on one side and 19(19-21-23-26-28) sts on the other.

FRONT

Work same as back until piece measures 3" from beg, end on RS - 102(110-122-130-138-146) sts. Change to larger needles and p the next row, dec 14(14-12-12-12) sts evenly spaced across - 88(96-110-118-126-134) sts.

Establish Pat Sts: Row 1 (RS): K1(1-0-0-0-0), work Row 1 of Textured Pat over 17(21-29-33-37-41) sts, place marker, work Row 1 of Cable Pat A over 10 sts, work Row 1 of Cable Pat B over 32 sts, work Row 1 of Cable Pat A over 10 sts, place marker, work Row 1 of Textured Pat to last 1(1-0-0-0-0) sts, k1(1-0-0-0-0).

Row 2: P1(1-0-0-0-0), work Row 2 of Textured Pat to first marker, work Row 2 of Cable Pat A over 10 sts, work Row 2 of Cable Pat B over 32 sts, work Row 2 of Cable Pat A over 10 sts, work Row 2 of Textured Pat to last 1(1-0-0-0-0) sts, p1(1-0-0-0-0). Work even in pats as established until piece measures 12" from beg, end on WS.

Shape Armholes: Bind off 4(5-6-8-9-10) sts at beg of the next 2 rows -80(86-98-102-108-114) sts. Dec 1 st at each armhole edge every RS row 5(8-11-11-11-12) times -70(70-76-80-86-90) sts. Work even until armholes measure $5 \frac{1}{2}(5 \frac{1}{2}-6-6 \frac{1}{2}-7-7 \frac{1}{2})$ ", end on WS.

Note: Due to the difference in gauges on the pattern stitches, the number of sts called for at the neck and shoulders of the front will not match those of the back. The measurements will be the same.

Shape Neck: Next Row (RS): Work 21(21-24-26-29-31) sts, sl center 28 sts onto holder, join another ball of yarn and work to end. Working both sides at once, bind off 3 sts at each neck edge twice, then dec 1 st at each neck edge every RS row 3 times. AT THE SAME TIME, when armholes measure $7(7-7\ 1/2-8-8\ 1/2-9)$ ", bind off 4(4-5-5-6-8) sts at each armhole edge once, then 4(4-5-6-7-7) sts twice for shoulders.

SLEEVES

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With smaller straight needles, cast on 46 sts. Work in ribbing same as back for $3 \frac{1}{2}$, end on WS decreasing 1 st at each end of the last row – 44 sts. Change to larger needles.

Establish Pat Sts: Row 1 (RS): Work Row 1 of Textured Pat over 17 sts, place marker, work Row 1 of Cable Pat A over 10 sts, place marker, work Row 1 of Textured Pat to end.

Row 2: Work Row 2 of Textured Pat to first marker, work Row 2 of Cable Pat A to next marker, work Row 2 of Textured Pat to end. Work in pats as established, inc 1 st each side every 2(2-1 1/2-1-3/4-3/4)" 7(7-9-12-14-16) times, working incs into Textured Pat as sts become available – 58(58-62-68-72-76) sts. Work even until sleeve measures 18" from beg, end on WS.

Shape Cap: Bind off 4(5-6-8-9-10) sts at beg of the next 2 rows -50(48-50-52-54-56) sts. Dec 1 st each side every RS row 4(2-3-1-2-0) times, then every other RS row 3(4-4-5-5-6) times, end on WS -36(36-36-40-40-44) sts. Bind off 2 sts at beg of the next 6(6-4-4-2-2) rows, then 3 sts at beg of the next 4 rows, end on WS. Bind off remaining 12(12-16-20-24-28) sts.

FINISHING

Sew shoulder seams.

Neckband: With RS facing, using circular needle, beg at left shoulder seam, pick up and k88 sts around entire neck, including sts on holders. Mark for beg of rnd and carry marker up. Work even in k2, p2 ribbing for 1 1/4". Bind off loosely in ribbing. Sew in sleeves. Sew side and sleeve seams.

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