

Shenandoah

Designed by Brenda York



skill level Intermediate
One size

finished measurements

7½" around (unstretched) x 7" to top of heel

yarn

BERROCO ULTRA ALPACA FINE
(100 grs): 1 hank #12193 Starry Night Mix

needles and notions

Two 16" circular needles, size 3 (3.25 mm) *or size to obtain gauge*
3 st markers (1 a different color for beg-of-round)
Tapestry needle

gauge

30 sts and 40 rounds = 4" in St st
To save time, take time to check gauge

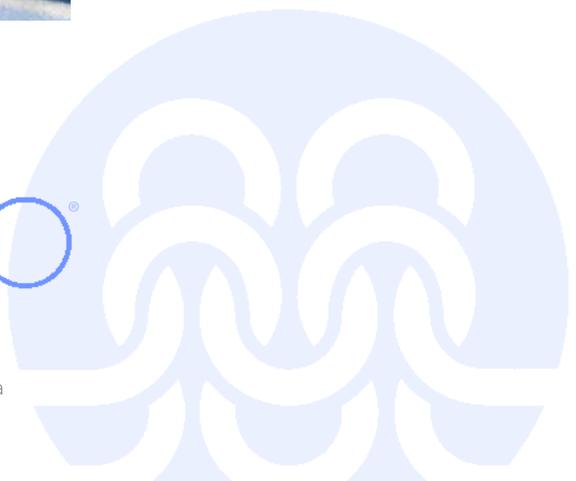
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NOTE: We recommend using yarns called for in our instructions. Every effort has been made to ensure that directions contained in this book are accurate and complete, however errors do occur. We cannot be responsible for variance of individual knitters, human or typographical errors.

All pattern PDFs are updated when corrections are made. In the event of finding an error, please make sure you've downloaded the most recent version.

NOTE

These socks are worked on 2 circular needles in the round from the top down. Double pointed needles may be used if desired. When working with 2 circulars, make sure that you pick up the opposite end of the needle holding the sts you will be working. If you pick up the end of the other needle, you will wind up with all the sts on one needle and will have to divide them onto 2 needles again. It is sometimes helpful to use 2 different colored needles or to mark both ends of one needle with nail polish or a permanent marker.

STITCH GLOSSARY

SSK and pass: SSK, return resulting st to LH needle; pass next st on LH needle back over returned st; sl resulting st back to RH needle – 2 sts dec'd.



LACE PATTERN FOR LEG

(Multiple of 33 sts)

Rnd 1 and all odd-numbered rnds: * K7, p2, [k10, p2] twice, rep from * around.

Rnd 2: * K1, yo, SSK, k1, k2tog, yo, k1, p2, k6, SSK and pass, yo, k1, yo, p2, yo, k1, yo, sl 1, k2tog, pssso, k6, p2, rep from * around.

Rnd 4: * K2, yo, sl 1, k2tog, pssso, yo, k2, p2, k4, SSK and pass, k1, [yo, k1] twice, p2, k1, [yo, k1] twice, sl 1, k2tog, pssso, k4, p2, rep from * around.

Rnd 6: * K1, yo, SSK, k1, k2tog, yo, k1, p2, k2, SSK and pass, k2, yo, k1, yo, k2, p2, k2, yo, k1, yo, k2, sl 1, k2tog, pssso, k2, p2, rep from * around.

Rnd 8: * K2, yo, sl 1, k2tog, pssso, yo, k2, p2, SSK and pass, k3, yo, k1, yo, k3, p2, k3, yo, k1, yo, k3, sl 1, k2tog, pssso, p2, rep from * around.

Rep these 8 rnds for Lace Patten for Leg.

LACE PATTERN FOR FOOT

(Worked over 26 sts)

Rnd 1 and all odd-numbered rnds: P2, [k10, p2] twice.

Rnd 2: P2, k6, SSK and pass, yo, k1, yo, p2, yo, k1, yo, sl 1, k2tog, pssso, k6, p2.

Rnd 4: P2, k4, SSK and pass, k1, [yo, k1] p2, k1, [yo, k1] twice, sl 1, k2tog, pssso, k4, p2.

Rnd 6: P2, k2, SSK and pass, k2, yo, k1, yo, k2, p2, k2, yo, k1, yo, k2, sl 1, k2tog, pssso, k2, p2.

Rnd 8: P2, SSK and pass, k3, yo, k1, yo, k3, p2, k3, yo, k1, yo, k3, sl 1, k2tog, pssso, p2.
Rep these 8 rnds for Lace Pattern for Foot.

SOCK (Make 2)

Cast on 66 sts. Divide sts onto 2 circular needles, pm and join for working in the round. Work even in k1, p1 ribbing for 1". Work even in Lace Pattern for Leg until piece measures approximately 7" from beg (or desired length to top of heel), end on Rnd 8 of pattern.

Divide for Heel Flap: Next Rnd: Break off yarn and remove beg-of-round marker.

Note: The needle you just finished working with is now the front needle (sts for the top of the foot) and the other is the back needle (for the heel). Sl 4 sts from back needle to front needle without working them. Join yarn to first st on back needle, k3, p2tog, k22, p2tog, then knit 3 from the front needle – 64 sts (30 sts on back needle and 34 sts on front needle).

From here you will be working back and forth on the back needle only, leaving the 34 sts on front needle unworked.

Heel Flap: Row 1 (WS): Turn. Sl 1, p29.

Row 2 (RS): Sl 1, k29. Rep these 2 rows 23 times more, then rep Row 1 once more, end on WS.

Turn Heel: Short Rows: Row 1 (RS): Sl 1, k16, k2tog, k1, turn – 29 sts.



Row 2 (WS): Sl 1, p5, p2tog, p1, turn – 28 sts.

Row 3: Sl 1, k6, k2tog, k1, turn – 27 sts.

Row 4: Sl 1, p7, p2tog, p1, turn – 26 sts.

Row 5: Sl 1, k8, k2tog, k1, turn – 25 sts.

Row 6: Sl 1, p9, p2tog, p1, turn – 24 sts.

Row 7: Sl 1, k10, k2tog, k1, turn – 23 sts.

Row 8: Sl 1, p11, p2tog, p1, turn – 22 sts.

Row 9: Sl 1, k12, k2tog, k1, turn – 21 sts.

Row 10: Sl 1, p13, p2tog, p1, turn – 20 sts.

Row 11: Sl 1, k14, k2tog, k1, turn – 19 sts.

Row 12: Sl 1, p15, p2tog, p1, turn – 18 sts.

Heel Gusset: Next Row (RS): Knit across 18 sts of heel flap, pick up and knit 15 sts along left edge of heel flap, with front needle, k1, k2tog, k1, pm, work Rnd 1 of Lace Pattern for Foot across 26 sts, pm, k1, k2tog, k1. Mark for new beg of rnd and carry marker up; then with back needle, pick up and knit 15 sts along right edge of heel flap – 80 sts (48 sts on back needle in St st and 32 sts on front needle). Knit to first marker, sm, work Rnd 2 of Lace Pattern for Foot to next marker, sm, k3, place different colored marker for new beg of rnd.

Note: From here you will again be working in the round on 2 needles.

Dec Rnd: With back needle, k1, SSK, knit to last 3 sts on needle, k2tog, k1; with front needle, k3, sm, work Row 3 of Lace Pattern for Foot to next marker, sm, k3 – 2 sts dec'd on back needle (front needle remains the same). Work 1 rnd even. Rep these 2 rnds 8 times more – 62 sts (30 sts on back needle and 32 sts on front needle). Work even in pattern as established until foot measures 1½" less than desired length (the 2 circular needles will allow you to try on the sock to check the length).

Next Rnd: With back needle, k30; with front needle, k3, remove marker, p2tog, k22, p2tog, remove marker, k3 – 60 sts (30 sts on each needle).

Shape Toe: Dec Rnd: With back needle, k1, SSK, knit to 3 sts before end of needle, k2tog, k1; with front needle, k1, SSK, knit to 3 sts before end of needle, k2tog, k1 – 2 sts dec'd on each needle. Knit 1 rnd. Rep these 2 rnds 8 times more – 12 sts on each needle. Break off yarn leaving an 18" long end. Thread end into tapestry needle. Hold needles parallel with each other and weave toe sts together using Kitchener St.

ABBREVIATIONS & TERMS

beg: beginning

dec: decrease

k: knit

k2tog: knit 2 stitches together

LH: left hand

p: purl

p2tog: purl 2 stitches together

pm: place marker

pssso: pass slipped stitch over knit stitch

rep: repeat

RH: right hand

rnd(s): round(s)

RS: right side

sl: slip

sm: slip marker

SSK: Slip 2 stitches knitwise, insert point of left hand needle through fronts of these 2 stitches and knit 2 together.

st(s): stitch(es)

WS: wrong side

yo: yarn over

Stockinette stitch (St st): Knit 1 row, purl 1 row alternately when working back and forth in rows. The knit side is the right side of work. Knit EVERY round when working in the round.

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