

# Hero

Designed by the Berroco Design Team / Skill level: Intermediate



## FINISHED MEASUREMENTS

Bust: 32 (36, 40, 44, 48, 52, 56)"  
Length: 24 (24½, 25, 25½, 26, 26½, 27)"  
Shown in size 44".  
Suggested ease: 1-3" of positive ease.

## YARN

**BERROCO QUINOA** (50 grs): 7 (8, 9, 10, 11, 12, 13) balls #1023 Aqua

## NEEDLES and NOTIONS

Knitting needles, sizes 6 (4.00 mm) and 7 (4.50 mm) *or size to obtain gauge*  
16" circular needle, size 6 (4.00 mm)  
2 stitch markers  
2 stitch holders  
1 double-pointed needle, size 6 (4.00 mm)

## GAUGE

20 sts and 28 rows = 4" in St st on larger needles  
49 sts = 8" worked over Chart A on larger needles  
15 sts = 2½" worked over Chart B on larger needles  
*To save time and ensure accurate measurements, take time to check gauge.*

**Berroco Quinoa®**

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*We recommend using yarns called for in our instructions. Every effort has been made to ensure that directions contained in this book are accurate and complete, however errors do occur. We cannot be responsible for variance of individual knitters, human or typographical errors.*

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## BACK

With smaller straight needles, cast on 88 (104, 112, 120, 128, 144, 152) sts.

**Set Up Rib: Row 1 (WS):** P2, [k2, p2] 5 (7, 8, 9, 10, 12, 13) times, pm, work Row 1 of Chart A over 44 sts, pm, p2, [k2, p2] 5 (7, 8, 9, 10, 12, 13) times.

**Row 2:** Work in ribbing as established to first marker, sm, work Row 2 of Chart A to last marker, sm, work in ribbing as established to end. Work even in pattern as established, repeating Rows 1–4 of Chart A, until piece measures approximately 3" from beginning, end on RS with Row 4 of chart. Change to larger needles.

**Next Row (RS):** Knit to first marker, work Row 5 of Chart A to last marker, knit to end—93 (109, 117, 125, 133, 149, 157) sts. Continuing Chart A over sts between markers and keeping remaining sts in St st, work even until piece measures 4" from beginning, end on WS.

**Dec Row (RS):** K1, k2tog, work to last 3 sts, SSK, k1—2 sts dec'd. Rep Dec Row every 4th (2nd, 2nd, 4th, 4th, 2nd, 2nd) row 4 (4, 2, 7, 4, 4, 2) times more, then every 6th (4th, 4th, 4th, 6th, 4th, 4th) row 2 (5, 6, 7, 2, 5, 6) times—79 (89, 99, 109, 119, 129, 139) sts. Work even until piece measures 11" from beginning, end on WS.

**Inc Row (RS):** K1, M1L, work to last st, M1R, k1—2 sts inc'd. Rep Inc Row every 6th row 4 times more—89 (99, 109, 119, 129, 139, 149) sts. Work even until piece measures 15" from beginning, end on WS.

**Shape Armholes:** Bind off 3 (4, 5, 5, 6, 6, 7) sts at beginning of the next 2 rows—83 (91, 99, 109, 117, 127, 135) sts.

**Dec Row (RS):** K1, k2tog, work to last 3 sts, SSK, k1—2 sts dec'd. Rep Dec Row every RS row 3 (5, 6, 9, 10, 13, 14) times more—75 (79, 85, 89, 95, 99, 105) sts. Work even until armholes measure 7 (7½, 8, 8½, 9, 9½, 10)", end on WS.

**Shape Shoulders:** Bind off 4 (3, 4, 5, 5, 7, 7) sts at beginning of the next 2 (2, 4, 8, 2, 2, 8) rows, then 3 (4, 5, 5, 6, 6, 7) sts at beginning of the next 6 (6, 4, 0, 6, 6, 0) rows. Slip remaining 49 sts to holder for back neck.



## FRONT

Work as for back until armholes measure 3 (3½, 4, 4½, 5, 5½, 6)", end on WS—75 (79, 85, 89, 95, 99, 105) sts. Mark center 31 sts on last row with 22 (24, 27, 29, 32, 34, 37) sts on each side.

**Shape Neck: Next Row (RS):** Work to first neck marker, slip 22 (24, 27, 29, 32, 34, 37) sts just worked to holder for left side; bind off center 31 sts for front neck, removing markers, then work to end—22 (24, 27, 29, 32, 34, 37) sts.

**Right Side:** Work 1 WS row. Dec 1 st at neck edge every RS row 9 times—13 (15, 18, 20, 23, 25, 28) sts. Work even until armhole measures 7 (7½, 8, 8½, 9, 9½, 10)", end on RS. Bind off 4 (3, 4, 5, 5, 7, 7) sts at the beginning of the next 1 (1, 2, 4, 1, 1, 4) WS rows, then 3 (4, 5, 0, 6, 6, 0) sts at the beginning of the next 3 (3, 2, 0, 3, 3, 0) WS rows for shoulder.

**Left Side:** With WS facing, slip 22 (24, 27, 29, 32, 34, 37) sts from holder to larger needle. Join yarn and work 1 WS row. Dec 1 st at neck edge every RS row 9 times—13 (15, 18, 20, 23, 25, 28) sts. Work even until armhole measures 7 (7½, 8, 8½, 9, 9½, 10)", end on WS. Bind off 4 (3, 4, 5, 5, 7, 7) sts at the beginning of the next 1 (1, 2, 4, 1, 1, 4) RS rows, then 3 (4, 5, 0, 6, 6, 0) sts at the beginning of the next 3 (3, 2, 0, 3, 3, 0) RS rows for shoulder.

## SLEEVES

With smaller straight needles, cast on 50 sts.

**Set Up Rib: Row 1 (WS):** P2, [k2, p2] 4 times, pm, work Row 1 of Chart B over 14 sts, pm, p2, [k2, p2] 4 times.

**Row 2:** Work in ribbing as established to first marker, sm, work Row 2 of Chart B to last marker, sm, work in ribbing as established to end. Work even in pattern as established, repeating Rows 1–4 of Chart B until piece measures approximately 1½" from beginning, end on RS with Row 4 of Chart. Change to larger needles.

**Next Row (WS):** Purl to first marker, sm, work Row 5 of Chart B to last marker, sm, purl to end—51 sts. Continuing Chart B over sts between markers and keeping remaining sts in St st, work even until sleeve measures 2" from beginning, end on WS.

**Inc Row (RS):** K1, M1L, work to last st, M1R, k1—2 sts inc'd. Rep Inc Row every 26 (14, 12, 8, 6, 6,)th row 4 (7, 9, 12, 14, 17, 19) times more—61 (67, 71, 77, 81, 87, 91) sts. Work even until sleeve measures 18" from beginning, end on WS.

**Shape Cap:** Bind off 3 (4, 5, 5, 6, 6, 7) sts at beg of the next 2 rows—55 (59, 61, 67, 69, 75, 77) sts.

**Dec Row (RS):** K1, k2tog, work to last 3 sts, SSK, k1—2 sts dec'd. Rep Dec Row every RS row 17 (17, 19, 19, 21, 21, 21) times more, end on WS—19 (23, 21, 27, 25, 31, 33) sts. Bind off 3 (3, 2, 3, 2, 2, 3) sts at beginning of the next 2 rows. Bind off remaining 13 (17, 17, 21, 21, 27, 27) sts.

## FINISHING

Sew shoulder seams. Sew in sleeves. Sew side and sleeve seams.

**Neck Edging:** Using circular needle, cast on 4 sts, then with RS facing, begin at left shoulder seam, pick up and knit 28 sts along left front neck edge, k31 sts from front holder, decreasing 2 sts across, pick up and knit 28 sts along right front neck edge, then k49 sts from back holder, decreasing 5 sts across—133 sts (including cast-on 4 at beginning). Break off yarn.

**Applied I-Cord:** Join yarn in first cast-on stitch and, using dpn, k3, SSK. Do not turn. Slide 4 sts on dpn back to beginning of needle to work next row from RS.

**Next Row:** K3, sl next stitch to circular needle and SSK with next stitch on circular needle, slip resulting stitch back to dpn. Continue to work in this manner until all stitches on circular needle have been worked. Bind off remaining 4 sts. Sew end of I-Cord in place. Weave in all ends and block as desired.



CHART A

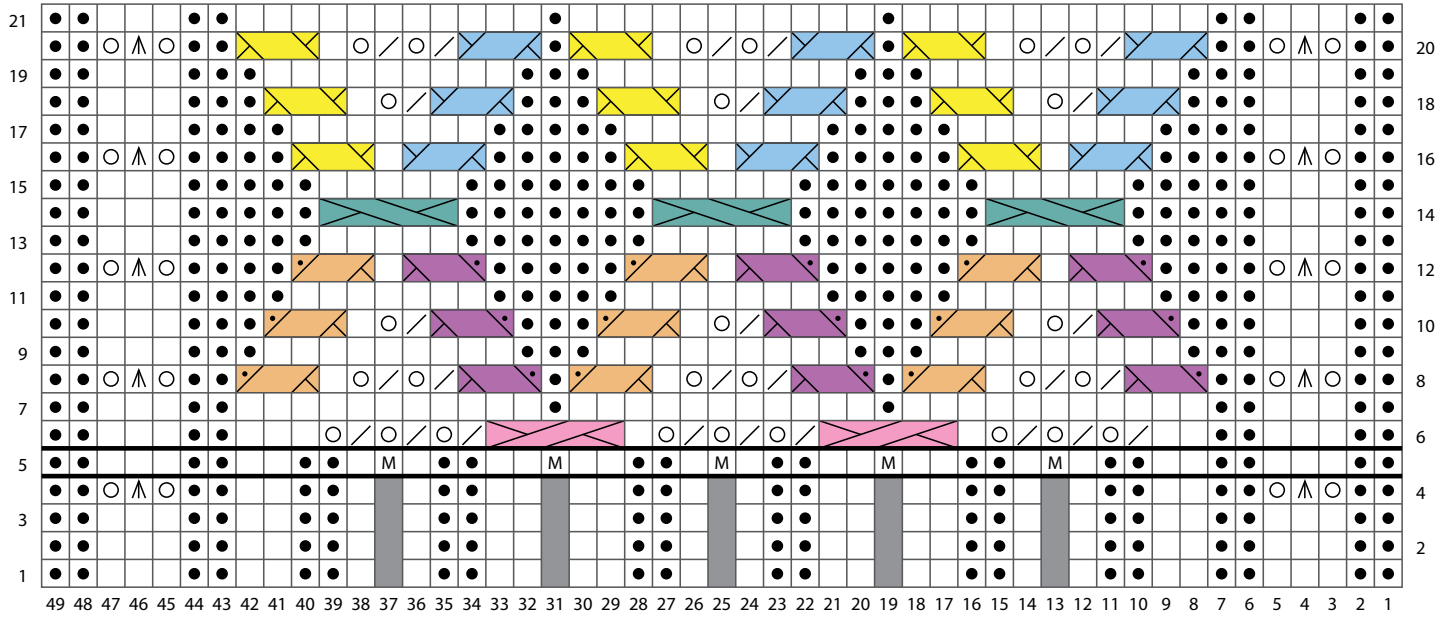


CHART B

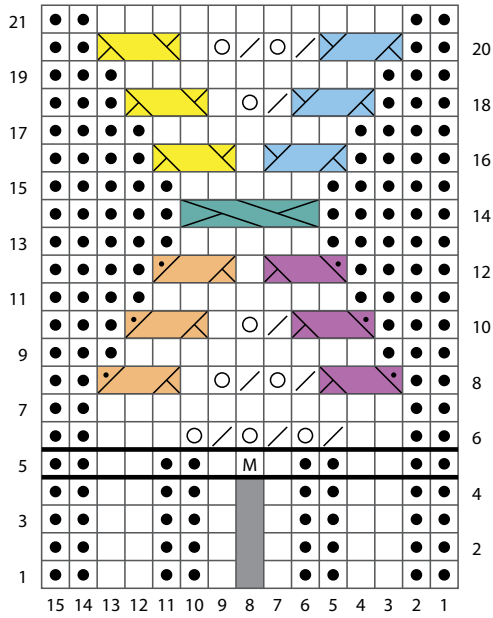


CHART KEY














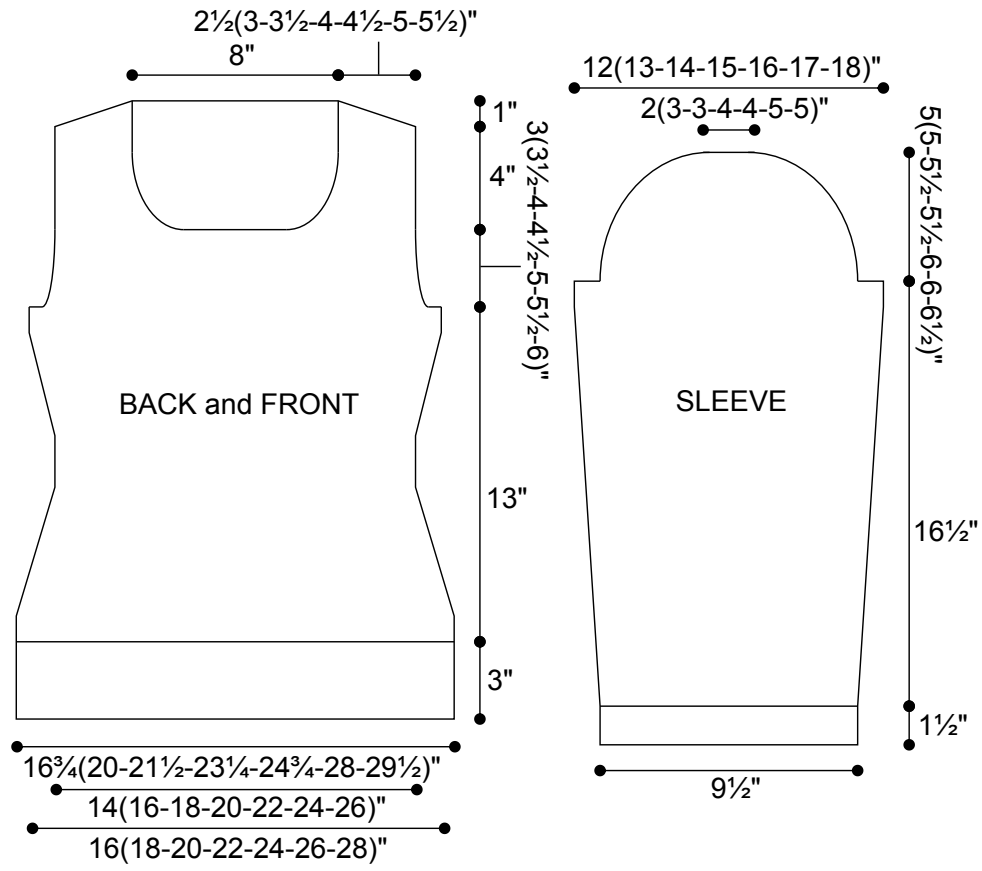
-  knit on RS; purl on WS
-  purl on RS; knit on WS
-  yarn over
-  k2tog
-  M1p
-  CDD
-  placeholder—no stitch
-  sl 2 to cn and hold to FRONT, p1, k2 from cn
-  sl 1 to cn and hold to BACK, k2, p1 from cn
-  sl 2 to cn and hold to FRONT, k1, k2 from cn
-  sl 1 to cn and hold to BACK, k2, k1 from cn
-  sl 3 to cn and hold to BACK, k2, k3 from cn
-  sl 2 to cn and hold to FRONT, k3, k2 from cn

CHART NOTES

For both charts: Work from right to left on RS and from left to right on WS. Begin on WS, rep Rows 1–4 for ribbing, work Row 5 once, then rep Rows 6–21 for pattern.



## STANDARD ABBREVIATIONS & TERMS

**beg:** beginning  
**CC:** contrasting color  
**CDD:** Centered Double Decrease—Slip 2 together (as if to k2tog), knit 1, pass the 2 slipped stitches over  
**cn:** cable needle  
**dec:** decrease  
**dpn(s):** double pointed needle(s)  
**end on WS:** end having just completed a Wrong Side row.  
**end on RS:** end having just completed a Right Side row  
**Garter St:** Knit EVERY row when working back and forth in rows. Knit 1 round, purl 1 round when working in the round.  
**inc:** increase  
**k:** knit  
**k tbl:** knit through the back loop(s)  
**k2tog:** knit 2 stitches together  
**k3tog:** knit 3 stitches together  
**kfb:** knit in the front and back of the next st  
**LH:** left hand  
**LLI:** Left Lifted Increase—Insert LH needle into the purl bump one row below the st just worked on the RH needle and knit into this st (1 st inc'd)  
**M1:** Make 1—Pick up horizontal strand between stitch just worked and next stitch from front to back, place on left hand needle, knit this stitch through the back (1 stitch increased).  
**M1L:** Make 1 Left—Work as for M1.  
**M1p:** Make 1 purl—Pick up horizontal strand between stitch just worked and next stitch from front to back, place on left hand needle, purl this stitch through the back (1 stitch increased).  
**M1pL:** Make 1 purl Left—Work as for M1p.  
**M1pR:** Make 1 purl Right—Pick up horizontal strand between stitch just worked and next stitch from back to front, place on left hand needle, purl this stitch through the front (1 stitch increased).  
**M1R:** Make 1 Right—Pick up horizontal strand between stitch just worked and next stitch from back to front, place on left hand needle, knit this stitch through the front (1 stitch increased).  
**MC:** main color  
**p:** purl  
**p tbl:** purl through the back loop(s)  
**p2tog:** purl 2 stitches together  
**p3tog:** purl 3 stitches together  
**pat(s):** pattern(s)

**pm:** place marker  
**psso:** pass slipped stitch over knit stitch  
**rep:** repeat  
**Rev St st:** Reverse Stockinette Stitch—Purl 1 row, knit 1 row alternately when working back and forth in rows. The purl side is the right side of the work. Purl EVERY round when working in the round.  
**RH:** right hand  
**RLI:** Right Lifted Increase—Insert RH needle into the purl bump of the next st on the LH needle and knit into this st (1 st inc'd)  
**rnd(s):** round(s)  
**RS:** right side  
**sl:** slip  
**sm:** slip marker  
**SSK:** Slip 2 stitches knitwise, insert point of left hand needle through fronts of these 2 stitches and knit 2 together.  
**SSP:** Slip 2 stitches knitwise, transfer these 2 stitches back to left hand needle, purl 2 together through the back loops.  
**SSSK:** Slip 3 stitches knitwise, insert point of left hand needle through fronts of these 3 stitches and knit 3 together.  
**st(s):** stitch(es)  
**St st:** Stockinette Stitch—Knit 1 row, purl 1 row alternately when working back and forth in rows. The knit side is the right side of work. Knit EVERY round when working in the round.  
**tbl:** through back loop(s)  
**w&t:** wrap and turn, a method of concealing a hole created in short row shaping. On RS rows: With yarn held in front, slip next stitch purlwise, then bring yarn between needles to the back. Slip that same stitch back to the left needle. Turn your work. On WS Rows: With yarn held in back, slip next stitch purlwise, then bring yarn between needles to the front. Slip that same stitch back to the left needle. Turn your work. Unless otherwise indicated, each time you come to a wrapped stitch when working subsequent rows, slip the wrap back over stitch and onto needle, then work the wrap together with its accompanying stitch.  
**WS:** wrong side  
**wyib:** with yarn in back  
**wyif:** with yarn in front  
**yo:** yarn over

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