# Alna

Designed by Amy Christoffers / Skill level: Intermediate



FINISHED MEASUREMENTS Bust: (40, 48, 56, 64, 72)" / (101.5, 122, 142, 162.5, 183) cm

Length: (22, 23, 23½, 24½, 25¼)" / (56, 58.5, 59.5, 62, 64) cm Shown in size 40" / 101.5 cm

#### YARN

#### BERROCO MODERN COTTON

(100 grs): (4, 4, 5, 6, 7) hanks #1684 Fort

#### **NEEDLES and NOTIONS**

32" / 80 cm circular needles, sizes 5 / 3.75 mm and 7 / 4.5 mm or size to obtain gauge 16" / 40 cm circular needle, size 5 /

3.75 mm

Waste yarn to hold stitches

#### GAUGE

20 sts and 28 rows = 4" / 10 cm in St st on larger needle Gauge shown is after blocking. To save time and ensure accurate measurements, take time to check gauge.

# Berroco Modern Cotton™

Find this Yarn 🔘



We recommend using yarns called for in our instructions. Every effort has been made to ensure that directions contained in this book are accurate and complete, however errors do occur. We cannot be responsible for variance of individual knitters, human or typographical errors.

All pattern PDFs are updated when corrections are made. In the event of finding an error, please make sure you've downloaded the most recent version.

#### NOTE

This garment is worked in one piece, from side to side, starting at right sleeve cuff and ending at left sleeve cuff.

#### RIGHT SLEEVE

With smaller 32" / 80 cm circular needle, cast on (51, 61, 65, 75, 83) sts. Do not join.

**Set-Up Rib:** Row 1 (WS): P1, \* k1, p1; rep from \* across. Row 2 (RS): K1, \* p1, k1; rep from \* across.

Rep these 2 rows until piece measures 1" / 2.5 cm from beginning, end on RS, dec 1 st at end of last row—(50, 60, 64, 74, 82) sts. Knit 1 row on WS. Change to larger circular needle.

Inc Row (RS): K2, M1R, knit to last 2 sts, M1L, k2—2 sts inc'd. Working in St st, rep Inc Row every RS row 9 times more, end on WS—(70, 80, 84, 94, 102) sts.

**Body:** Cast on 60 sts at beginning of the next 2 rows—(190, 200, 204, 214, 222) sts.

**Note:** Due to the nature of the hem charts, the number of stitches before and after markers will vary from row to row. Stitch numbers given will be between markers (St st section), not counting the chart stitches.

**Set Up Hem Charts: Next Row (RS):** Work Row 1 of Front Chart across 12 sts, pm, knit to last 12 sts, pm, work Row 1 of Back Chart to end.

**Next Row (WS):** Work Row 2 of Back Chart to first marker, sm, purl to last marker, sm, work Row 2 of Front Chart to end

Work from here in pattern as established, following charts over stitches before first marker and after last marker, and working remaining stitches in St st.

Inc Row (RS): Work chart as established to frst marker, sm, M1R, knit to last marker, M1L, sm, work chart as established to end—2 sts inc'd.

Rep Inc Row every 4th row once more, then every RS row 13 times—(196, 206, 210, 220, 228) sts in St st (between markers). Work even until piece measures (5, 7, 9, 11, 13)" / (12.5, 18, 23, 28, 33) cm from stitches cast on for body, end on WS.



Note: Make a note of the chart row you end on.

**Divide for Neck: Next Row (RS):** Work in pattern from chart to first marker, sm, knit (86, 91, 93, 98, 102) sts, slip remaining (110, 115, 117, 122, 126) sts to waste yarn for back.

Front: Work 1 WS row.

Shape Neck: Dec Row (RS): Work as established to last 4 sts, SSK, k2—1 st dec'd at neck. Rep Dec Row every RS row 9 times more—(76, 81, 83, 88, 92) sts in St st (between markers). Work even until piece measures 7¼" / 18.5 cm from dividing row, end on WS.

Inc Row (RS): Work to last 2 sts, M1L, k2—1 st inc'd at neck. Rep Inc Row every RS row 9 times more, end on RS—(86, 91, 93, 98, 102) sts. Break yarn and slip sts to another piece of waste yarn.

**Back:** Return (110, 115, 117, 122, 126) sts of back from waste yarn to larger 32" / 80 cm needle. Join yarn ready to work RS and work 2 rows even in pattern as established, end on WS.

Shape Neck: Dec Row (RS): K2, k2tog, work to end as established—1 st dec'd at neck.

Rep Dec Row every RS row 9 times more—(100, 105, 107, 112, 116) sts. Work even until piece measures 71/4" / 18.5 cm from dividing row, end on WS.



Inc Row (RS): K2, M1R, work to end as established—1 st inc'd at neck. Rep Inc Row every RS row 9 times more, end on RS—(110, 115, 117, 122, 126) sts.

Joining Row (WS): Work across all sts on circular needle, then work across (86, 91, 93, 98, 102) front sts from waste yarn—(196, 206, 210, 220, 228) sts. Work even in pattern as established until piece measures approximately (15¼, 19¼, 23¼, 27¼, 31¼)" / (38.5, 49, 59, 69, 79.5) cm from stitches cast on for body, end on WS ending with chart Row 22 for all sizes.

**Dec Row (RS):** Work front chart to marker, sm, k2tog, knit to last 2 sts before the marker, SSK, sm, work Back Chart to end—2 sts dec'd.

Rep Dec Row every RS row 13 times more, then every 4th row once— (166, 176, 180, 190, 198) sts; (190, 200, 204, 214, 222) sts total including hem sts. Work 3 rows even, end on WS with chart Row 28.

**End of Body:** Bind off 60 sts at beginning of the next 2 rows—(70, 80, 84, 94, 102) sts.

**Left Sleeve: Dec Row (RS):** K2, k2tog, knit to last 4 sts, SSK, k2—2 sts dec'd.

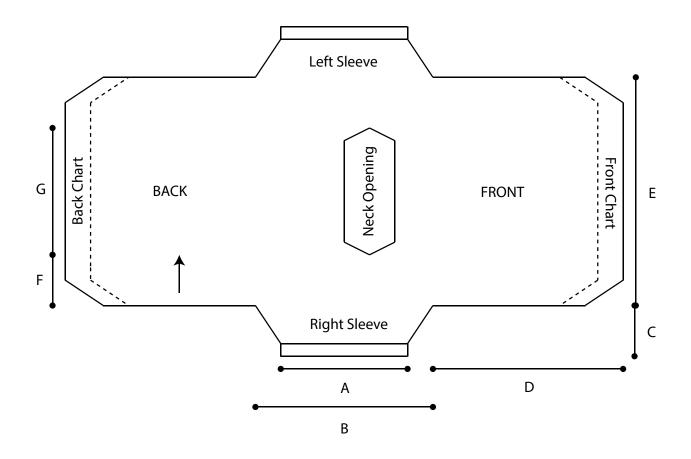
Rep Dec Row every RS row 9 times more, end on RS—(50, 60, 64, 74, 82) sts. Change to smaller needle and knit 1 row on WS, inc 1 st at end of row—(51, 61, 65, 75, 83) sts. Beginning with Row 2, work ribbing as for Right Sleeve for 1" / 2.5 cm, end on WS. Bind off in ribbing.

#### **FINISHING**

Sew side and sleeve seams.

**Neck Edging:** With RS facing, using shorter circular needle, begin at left shoulder, pick up and knit 15 sts along left front neck edge, 20 sts across front neck edge, 15 sts along right front neck edge, 15 sts along right back neck edge, 20 sts across back neck edge, then 15 sts along left back neck edge—100 sts. Place marker and join for working in the round, then bind off all sts purlwise.

Weave in all ends and block as desired.



## ALNA MEASURMENTS

A (Cuff Width): (10, 12, 13, 15, 17)" / (25.5, 30.5, 33, 38, 43) cm

**B** (Upper Sleeve Width): (14, 16, 16¾, 18¾, 20½)" / (35.5, 40.5, 42.5, 47.5, 52) cm

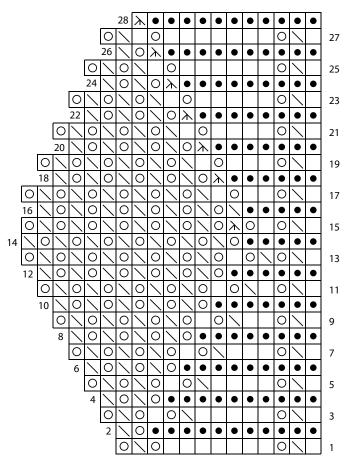
C (Sleeve Length): 3¾" / 9.5 cm D (Length to Underarms): 15" / 38 cm

 $\textbf{E} \; (\text{Back and Front Width}); \; (20, 24, 28, 32, 36)" \; / \; (51, 61, 71, 81.5, 91.5) \; \text{cm}$ 

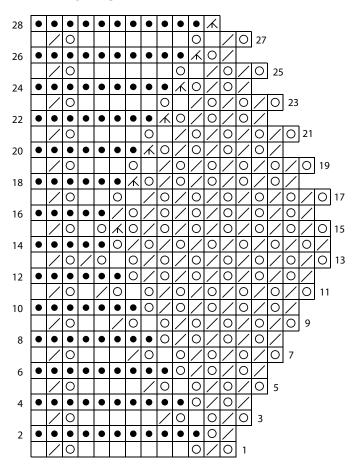
**F** (Shoulder Width): (5, 7, 9, 11, 13)" / (12.5, 18, 23, 28, 33) cm

**G** (Neck Width): 10" / 25.5 cm

## ALNA BACK CHART



#### ALNA FRONT CHART



#### **KEY TO CHART**

- knit on RS; purl on WS
- purl on RS; knit on WS
- o yarn over
- k2tog on RS; p2tog on WS
- SSK on RS; SSP on WS
- k3tog
- 入 SSSK

#### **CHART NOTES**

Work from right to left on RS rows and from left to right on WS rows.



# STANDARD ABBREVIATIONS & TERMS

beg: beginning CC: contrasting color

CDD: Centered Double Decrease—Slip 2 together (as if to

k2tog), knit 1, pass the 2 slipped stitches over

cn: cable needle dec: decrease

dpn(s): double pointed needle(s)

end on WS: end having just completed a Wrong Side row. end on RS: end having just completed a Right Side row Garter St: Knit EVERY row when working back and forth in rows. Knit 1 round, purl 1 round when working in the round.

inc: increase k: knit

**k tbl:** knit through the back loop(s) k2tog: knit 2 stitches together k3tog: knit 3 stitches together

**kfb**: knit in the front and back of the next st

LH: left hand

LLI: Left Lifted Increase—Insert LH needle into the purl bump one row below the st just worked on the RH needle and knit into this st (1 st inc'd)

M1: Make 1—Pick up horizontal strand between stitch just worked and next stitch from front to back, place on left hand needle, knit this stitch through the back (1 stitch increased).

M1L: Make 1 Left—Work as for M1.

M1p: Make 1 purl—Pick up horizontal strand between stitch just worked and next stitch from front to back, place on left hand needle, purl this stitch through the back (1 stitch increased).

M1pL: Make 1 purl Left—Work as for M1p.

M1pR: Make 1 purl Right—Pick up horizontal strand between stitch just worked and next stitch from back to front, place on left hand needle, purl this stitch through the front (1 stitch increased).

M1R: Make 1 Right—Pick up horizontal strand between stitch just worked and next stitch from back to front, place on left hand needle, knit this stitch through the front (1 stitch increased).

MC: main color

p: purl

**p tbl:** purl through the back loop(s) p2tog: purl 2 stitches together p3tog: purl 3 stitches together

pat(s): pattern(s) pm: place marker

psso: pass slipped stitch over knit stitch

rep: repeat

Rev St st: Reverse Stockinette Stitch—Purl 1 row, knit 1 row alternately when working back and forth in rows. The purl side is the right side of the work. Purl EVERY round when working in the round.

RH: right hand

RLI: Right Lifted Increase—Insert RH needle into the purl bump of the next st on the LH needle and knit into this st (1

st inc'd) rnd(s): round(s) RS: right side sl: slip

sm: slip marker

SSK: Slip 2 stitches knitwise, insert point of left hand needle through fronts of these 2 stitches and knit 2 together. SSP: Slip 2 stitches knitwise, transfer these 2 stitches back to left hand needle, purl 2 together through the back loops.

SSSK: Slip 3 stitches knitwise, insert point of left hand needle through fronts of these 3 stitches and knit 3 together.

st(s): stitch(es)

St st: Stockinette Stitch—Knit 1 row, purl 1 row alternately when working back and forth in rows. The knit side is the right side of work. Knit EVERY round when working in the round.

tbl: through back loop(s)

w&t: wrap and turn, a method of concealing a hole created in short row shaping. On RS rows: With yarn held in front, slip next stitch purlwise, then bring yarn between needles to the back. Slip that same stitch back to the left needle. Turn your work. On WS Rows: With yarn held in back, slip next stitch purlwise, then bring yarn between needles to the front. Slip that same stitch back to the left needle. Turn your work. Unless otherwise indicated, each time you come to a wrapped stitch when working subsequent rows, slip the wrap back over stitch and onto needle, then work the wrap together with its accompanying stitch.

WS: wrong side

wyib: with yarn in back wyif: with yarn in front

yo: yarn over





7











