

Aroma Bead Starter Kit - Spring Freshies

We hope you enjoy this kit and share your creations with us on social media!



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Kit Includes:

Aroma Beads: 5 - 1lb bags

Cookie Cutters: Butterfly, Mason Jar, Round, Scallop, & Unicorn

Liquid Dye's (3 - 1oz): Yellow/Lemon, Blue/Sky Blue, Red/Dark Pink

Fragrance Oils (5 - 1oz): Black Chamomile (type), Clean Cotton (type), Flowerbomb (type), Honeysuckle, Pink Sands (type)

Other Materials you'll need (not included):

Metal Baking Sheet/Pan

Parchment Paper (**do not use wax paper**)

Yarn, Heavy Thread, or Jute

Screws or Nails (optional)

Plastic or glass containers with lids (1 container per fragrance)

Step 1 - Prepare your aroma beads

We took the measuring part out for you. Start by adding 1 bag of aroma beads to your glass or plastic container. Next, choose one of the 1oz fragrance oils and pour that into the container with the beads. Then, add a few drops of the liquid dye. Finally, put the lid on your container and SHAKE! You'll want to check on your beads every few hours and shake them up more until the oil is completely absorbed into the beads. This process can take several days. Once the beads have absorbed all the fragrance oil, you will need to let them cure inside the containers they were mixed in for about 5-7 days.

Step 2 - Preheat the oven

Preheat your oven to 325°F-350°F but if your oven runs hot you may only want to bring it up to 325°F.

Step 3 - Prepare your baking sheet

Cut a piece of parchment paper to fit your cookie sheet. Lay out the cookie cutters on the baking sheet. Make sure to leave an inch or two between each shape.

Step 4 - Prepare cookie cutters & pour beads

Place the nail or screw where you want the hole to be. (This is optional but is perfect if you want to thread some rope or string through your freshies to hang them up). Pour the aroma beads around the nail and fill the cookie cutters about 3/4 full. Make sure you pack them in by tapping them with your fingers or the back of a spoon.

Step 5 - Bake

Bake the aroma beads for 6-10 minutes.

Tip: Check the aroma beads after a few minutes to see if they're done. You'll know they're done if they don't stick to the tip of your finger! If they do, put them in for another 2 min. Repeat this process until the beads no longer stick to the tip of your finger.

Step 6 - Let them cool

Take the cookie sheet out of the oven and allow the aroma beads to cool for a few minutes. Then, loosen the aroma beads from the cookie sheet by gently moving them around. After about 10 minutes, while the aroma beads are still warm, pop them out of the cookie cutters, remove the nail or screw (if you've used one), and place them to the side to cool.

Note: You can use a power drill to drill a hole in the freshie if you do not want to use a nail or a screw..

That's it!

Allow them to completely cool and then you're ready to package them or hang them up to add your favorite scent to your car, office, room, anywhere!



How to make Aroma
Beads



How to make car
freshies

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