

Basic Protocol		
1. Cleanse (Morning & Night)	Multi Action Cleansing Balm	Apply and gently massage-in a hazelnut-size quantity of the balm to any dry skin on your face, neck and décolleté to remove make-up. Moisten your fingers and massage the skin again. Finally, remove using warm water. Tip: Multi Action Cleansing Balm combines four application possibilities in one product; it is suitable as a cleansing balm, make-up remover, moisturizing mask and as an SOS balm for areas of particularly dry skin.
	Micellar Skin Tonic (Mature Skin Line)	Apply Micellar Skin Tonic in the morning and in the evening after cleansing with Multi Action Cleansing Balm. Apply Micellar Skin Tonic to a cotton pad and then stroke gently over your face, neck and décolleté – your usual care routine should follow.
2. Eye Cream	Tri Care Eye Cream	Gently dab Tri-Care Eye Cream in the morning and/or in the evening on the cleansed skin around the eye area. It is also excellent as an eye-makeup foundation.
3. Protection	Face Guard Advanced	Cleanse skin in the morning and apply Face Guard and apply day cream after
	Perfect Lift Cream	Medium weight moisturizer for skin that still produces some oil. This cream helps with skin elasticity. Apply it onto cleansed skin.
	Skin Contour Cream	Rich cream that visibly firms and lifts the contours of the face. Apply Skin Contour Cream onto the cleansed skin of the face and neckline in the morning and/or evening.
	Rich Recovery Cream	Heavy cream for skin devoid of oil. Also a good night time moisturizer. Apply Rich Recovery Cream in the morning and/or in the evening on the cleansed skin of the face and décolleté.
4. Enhancement	Isoflavonia Relief	Increases skin's tension and elasticity. Open the cap and press the contents on to your skin with your fingers. Applying specifically in areas with lines and wrinkles.
	Age Perfecting Serum	In the mornings and evenings, apply Age Perfecting Serum to the cleansed skin of the face and décolleté. You can then apply your usual care cream over it.
	Night Recovery Serum (night use only)	In the evenings, apply Night Recovery Serum to the cleansed skin of the face and décolleté. You can then apply your usual care cream over it.
Advanced Protocol		
1. Cleanse (Morning & Night)	Multi Action Cleansing Balm	Apply and gently massage-in a hazelnut-size quantity of the balm to any dry skin on your face, neck and décolleté to remove make-up. Moisten your fingers and massage the skin again. Finally, remove using warm water. Tip: Multi Action Cleansing Balm combines four application possibilities in one product; it is suitable as a cleansing balm, make-up remover, moisturizing mask and as an SOS balm for areas of particularly dry skin.
	Micellar Skin Tonic (Mature Skin Line)	Apply Micellar Skin Tonic in the morning and in the evening after cleansing with Multi Action Cleansing Balm. Apply Micellar Skin Tonic to a cotton pad and then stroke gently over your face, neck and décolleté – your usual care routine should follow.
2. Exfoliation	Skin-Refining Enzyme Peel	Ideal preparation for intensive skin care. Apply in the evening and allow it to work overnight, do not wash it off.
3. Serum	Age Perfecting Serum	Gently dab Tri-Care Eye Cream in the morning and/or in the evening on the cleansed skin around the eye area. It is also excellent as an eye-makeup foundation.
	Instant Lift Serum	Apply Instant Lift Serum as needed morning and evening to the cleansed skin of the face. You can then apply your usual care cream over it.
	Caviar Extract	Use a paper tissue to break off the top of the ampoule bottle. Pour the entire content onto your palm. Evenly apply Caviar Fluid to your face and neck. For external use only

	Stem Cell Fluid	Gently distribute Stem Cell Fluid onto cleansed skin. To do so, break off the top of the ampoule, protecting your hands with a paper tissue, and pour the entire content into the palm of your hand. Then distribute evenly over the face and neck and press in gently. For external use only.
	Skin Contour Fluid	Cleanse skin and gently spread the Skin Contour Fluid. To do this, wrap the top of the ampoule in a paper towel before breaking off the top and pouring the contents into the palm of your hand. Then, spread the fluid evenly over the face and neck, and rub in thoroughly. For external use only.
4. Mask	Rejuvenating Mask	Apply the Rejuvenating Mask generously to the cleansed skin two to three times a week. Leave on for 10-15 minutes and remove the residue with a moist, warm flannel – then follow your usual care routine.
4. Protection	Face Guard Advanced	Cleanse skin in the morning and apply Face Guard and apply day cream after
	Perfect Lift Cream	Medium weight moisturizer for skin that still produces some oil. This cream helps with skin elasticity. Apply it onto cleansed skin.
	Skin Contour Cream	Rich cream that visibly firms and lifts the contours of the face. Apply Skin Contour Cream onto the cleansed skin of the face and neckline in the morning and/or evening.
	Rich Recovery Cream	Heavy cream for skin devoid of oil. Also a good night time moisturizer. Apply Rich Recovery Cream in the morning and/or in the evening on the cleansed skin of the face and décolleté.
5. Enhancement	Isoflavonia Relief	Increases skin's tension and elasticity. Open the cap and press the contents on to your skin with your fingers. Applying specifically in areas with lines and wrinkles.
	Age Perfecting Serum	In the mornings and evenings, apply Age Perfecting Serum to the cleansed skin of the face and décolleté. You can then apply your usual care cream over it.
	Night Recovery Serum (night use only)	In the evenings, apply Night Recovery Serum to the cleansed skin of the face and décolleté. You can then apply your usual care cream over it.