

## Combination Skin

Combination skin is “skin with two faces” -- your face may be oily in some areas, and dry in others. You need both sebum-regulating products, and moisturizing products. Janssen Cosmetics’ Combination Skin collection intensively moisturizes dry areas, while reducing the oily sheen in other areas. To create a full skincare routine, combine products from our Combination line with products from our Dry and Oily collections as needed.

**Olive leaf extract** (oleanolic acid) normalizes sebum production, reducing oily sheen.

**Red algae extract** moisturizes dry areas of the skin without making skin oily.

## Basic Routine

1. Cleanse	Gentle Powder Cleanser	This powder cleanser leaves skin cleansed and matte, but not dry. Pour a quarter-sized amount of powder into palm and mix with water to form a creamy foam. Massage over face and neck, and rinse off with water.
2. Exfoliate  Choose from the Oily or Dry Collections	Choose either  Bio Fruit Gel Exfoliator	Once or twice a week, the Bio-Fruit Gel Exfoliator from the Oily Skin collection uses fruit acids to remove excess dead skin cells, reducing blackheads and spots. Use after cleansing in the evening. Spread over face and neck, avoiding eyes, and leave on for 5-15 minutes. Massage briefly with moist fingertips and rinse with water.
	Or  Mild Face Rub	If your skin is on the dry side, use the Mild Face Rub from the Dry Skin collection, which gently removes dead skin cells for smoother skin. Use once or twice a week. After cleansing, massage in Mild Face Rub for a few minutes with moistened fingers. Rinse off thoroughly with warm water.
3. Tone  Choose from the Oily or Dry collections	Use either  Purifying Tonic Lotion	This refreshing tonic removes residues after cleansing, balances the pH, and prepares skin for subsequent treatments. Use after the Clarifying Cleansing Gel and before the Bio-Fruit Gel Exfoliator. Pour onto a cotton pad and sweep over face.
	Or  Radiant Firming Tonic	Deep cleans pores and removes cleansing residues while restoring the skin’s pH balance and preparing skin to absorb subsequent products. After cleansing and exfoliating, pour Radiant Firming Tonic onto a cotton pad and gently stroke over face and neck.

4. Moisturize	Balancing Cream	Our lightweight Balancing Cream is tailored for combination skin, leaving it matte and balanced, but also hydrated. Apply to face and neck after cleansing and toning, massaging in gently.
5. Protect	Face Guard SPF 30	This ultra-light sunscreen protects skin from sun damage such as spots and premature wrinkles. After your day cream, evenly apply Face Guard over skin.

### Advanced Protocol

1. Cleanse	Gentle Powder Cleanser	This powder cleanser leaves skin cleansed and matte, but not dry. Pour a quarter-sized amount of powder into palm and mix with water to form a creamy foam. Massage over face and neck, and rinse off with water.
2. Exfoliate  Choose from the Oily or Dry Collections	Choose either  Bio Fruit Gel Exfoliator	Once or twice a week, the Bio-Fruit Gel Exfoliator from the Oily Skin collection uses fruit acids to remove excess dead skin cells, reducing blackheads and spots. Use after cleansing in the evening. Spread over face and neck, avoiding eyes, and leave on for 5-15 minutes. Massage briefly with moist fingertips and rinse with water.
	Or  Mild Face Rub	If your skin is on the dry side, use the Mild Face Rub from the Dry Skin collection, which gently removes dead skin cells for smoother skin. Use once or twice a week. After cleansing, massage in Mild Face Rub for a few minutes with moistened fingers. Rinse off thoroughly with warm water.
3. Tone  Choose from the Oily or Dry collections	Use either  Purifying Tonic Lotion	This refreshing tonic removes residues after cleansing, balances the pH, and prepares skin for subsequent treatments. Use after the Clarifying Cleansing Gel and before the Bio-Fruit Gel Exfoliator. Pour onto a cotton pad and sweep over face.
	Or  Radiant Firming Tonic	Deep cleans pores and removes cleansing residues while restoring the skin's pH balance and preparing skin to absorb subsequent products. After cleansing and exfoliating, pour Radiant Firming Tonic onto a cotton pad and gently stroke over face and neck.

4. Treat	Balancing Skin Complex	Our concentrated Balancing Skin Complex is a treatment serum designed to suppress excess oil production while refining the pores. After cleansing and toning, gently massage over oily areas of the face. Apply Balancing Cream over top.
5. Moisturize	Balancing Cream	Our lightweight Balancing Cream is tailored for combination skin, leaving it matte and balanced, but also hydrated. Apply to face and neck after cleansing and toning, massaging in gently.
6. Protect	Face Guard SPF 30	This ultra-light sunscreen protects skin from sun damage such as spots and premature wrinkles. After your day cream, evenly apply Face Guard over skin.