



**DON'T FORGET**

These instructions can be found in color and expandable at QA1.net

Technical Support Line: (952) 985-5675 Email: sales@QA1.net

**INSTALLATION INSTRUCTIONS**

QA1 Rear Coil-Over Conversion Kit 1979-2004 Mustang  
P/N RCK52342 thru RCK52349 and RCK52401 thru RCK52411, RK100K

**TOOLS AND SUPPLIES REQUIRED**

- Floor Jack
- SAE/ Metric Socket Set
- Tire Chocks
- Spanner Wrench (QA1 P/N T114W or T115W)
- Jack Stands
- Torque Wrench
- Permatex® Anti-Seize Lubricant

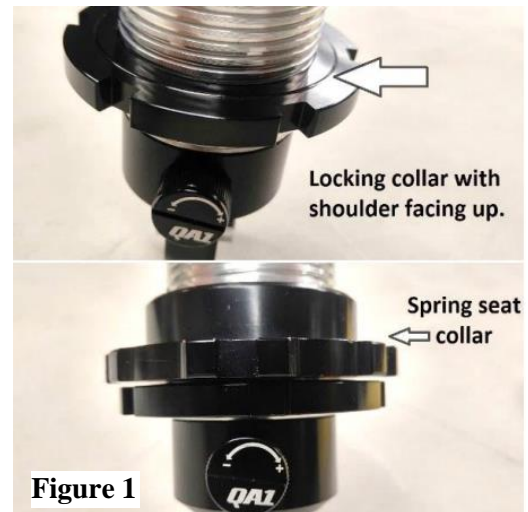
**KIT CONTAINS**

- 2-Proma Star® Shocks
- Two Springs
- Mounting Brackets
- All Necessary Hardware

**THIS COIL-OVER KIT WILL NOT WORK ON COBRA IRS REAR ENDS**

**Coil-Over Shock Assembly:**

1. Screw the aluminum locking collar (shoulder up) and the spring seat adjustment collar (shoulder up) down to the last thread - NO FURTHER. **(Figure 1)** Now is a good time to lubricate the threads of the shock body with **Permatex® Anti-Seize Lubricant**.
2. QA1 highly recommends using the QA1 thrust bearing kit (part #7888-109) for ease of adjustment. If the thrust bearing kit is used, coat both washers with **Permatex® Anti-Seize Lubricant**. Install the stainless steel spring seat washer, then the bearing, then the second washer. If the thrust bearing kit is not used, coat one side of the stainless steel spring seat washer (included with each shock) with **Permatex® Anti-Seize Lubricant**.
3. Place the lubricated side of the washer down on the spring seat. Slide the spring over the shock body and down onto the spring seat. Slip the upper spring cap in place, making sure that it is set in the spring squarely. **(Figure 2)**
4. Adjust the spring seat up until the spring is slightly compressed. This ensures that the spring cap, spring and spring seat washer remain in place and aligned.
5. Install the upper coil-over bracket onto the upper poly bushing of the shock with the ½" x 2 ½" bolt and lock nut. Tighten the bolt and nut to 50 lb. ft. **(Figure 2)**



**Removal:**

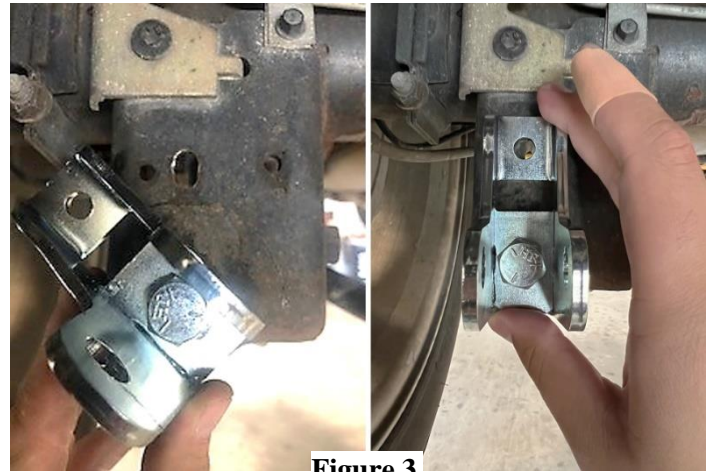
1. With the vehicle sitting on level ground, measure the vehicle ride height from the ground to the center of the wheel wells and record these measurements.

2. Jack the car up and ensure that the frame is set securely on jack stands. See the owner's manual for proper jacking techniques.
3. Use a jack under the rear axle to release tension from the rear shocks. Remove the shocks and lower shock mounting bolts from the vehicle.
4. Slowly lower the jack and remove the rear springs.

**NOTE:** If the vehicle is equipped with factory Quadra-Shocks, the shocks and rear frame mounts must also be removed as these will contact the new coil-over springs.

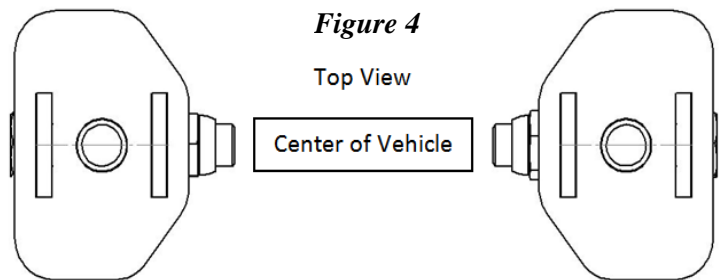
**Installation:**

1. Install the lower brackets onto the vehicle in place of the factory lower shock mounts. Install the 1/2" washer and lock nut on the lower stud and tighten to 50 lb. ft. **(Figure 3)**
2. Install the supplied 3/8" x 1 1/2" bolt in the top hole. It may be necessary to enlarge the upper hole slightly or use a thin wall socket to install the bolt. Install the 3/8" washer and nut and tighten to 31 lb. ft.
3. Check the underside of upper shock mount location on the vehicle for debris where the bracket will sit. This area must be free of any undercoating, dirt or other debris to ensure the bracket will sit flat against the sheet metal.



**Figure 3**

4. Install the coil-overs into the vehicle guiding the upper bracket stud through the factory shock mount hole with the brackets turned in the correct orientation per **(Figure 4)**. Install the 5/8" washer and 5/8" lock nut and torque to 60 lb. ft.
5. With the adjuster knob(s) facing rearward **(Figure 5)** install the lower bearing mount into the lower bracket and align the holes, it may be necessary to spread the bracket slightly to fit the lower bearing into the mount. Install the 1/2" x 2 1/4" bolt and 1/2" lock nut into the lower mount hole and tighten to 50 lb. ft. It may be necessary to raise or lower the axle to connect the lower shock mounts.

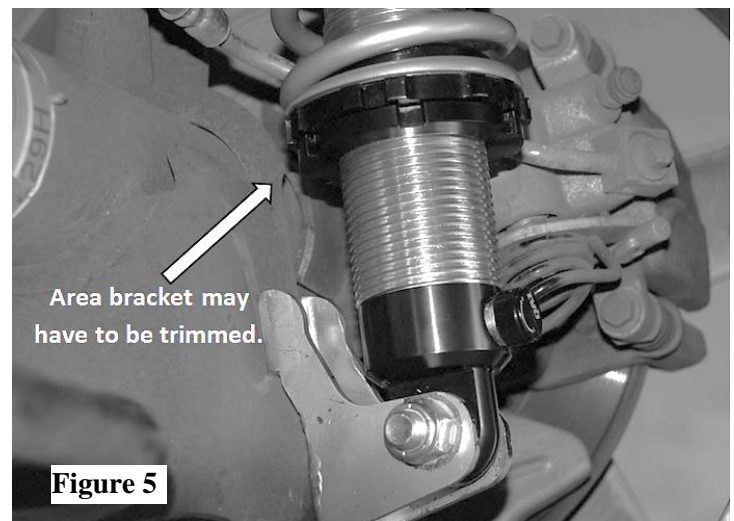


**Figure 4**

Top View

Center of Vehicle

6. Place the vehicle on the ground and check vehicle ride height. Adjust the spring seat adjuster nut up or down the threaded shock body to gain your desired ride height. After ride height is set, check to ensure you have proper shock travel. These shocks should measure 14" to 15" with the vehicle sitting on the ground at ride height.
7. Check for a minimum clearance of 3/8" between the lock nut, spring seat and the axle per **Figure 5** with the vehicle weight supported by the tires. It may be necessary to trim a small amount off the factory axle bracket in order to obtain correct ride height and proper clearance between the spring seat and the axle. Check around the shock and



**Figure 5**

Area bracket may have to be trimmed.

spring assembly and verify proper clearance for brake lines, cables and exhaust.



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