



DON'T FORGET

These instructions can be found in color and expandable at QA1.net

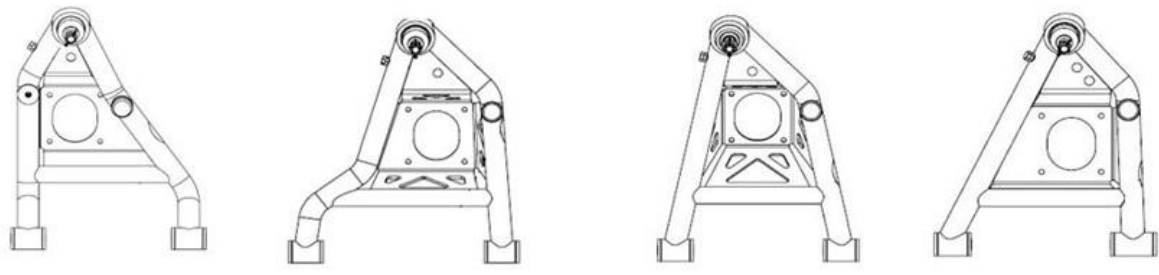
Technical Support Line: (952) 985-5675 Email: sales@QA1.net

INSTALLATION INSTRUCTIONS

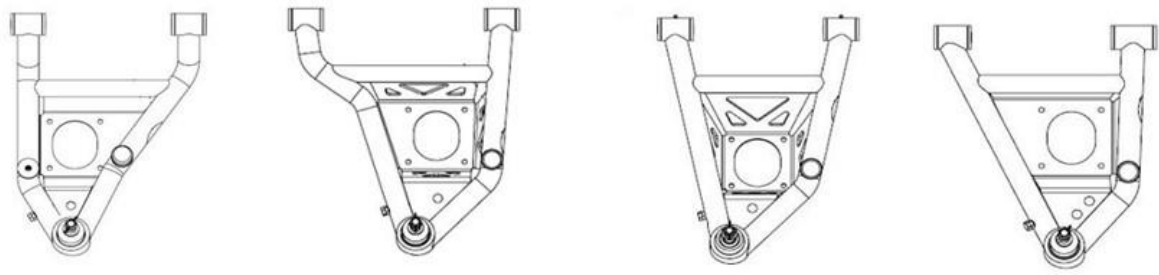
GM Lower Control Arms

P/N 52337, 52437, 52364, 52464, 52319, 52419, 52320, 52420, 52366, 52466, 52368, 52468

Left Hand



FRONT OF VEHICLE >



Right Hand

52419 & 52319

52420 & 52320

52437 & 52337

52464 & 52364

52466 & 52366

52468 & 52368

TOOLS AND SUPPLIES REQUIRED

- Floor Jack
- Jack Stands
- Wrench Set
- Hex Key Set
- Ratchet & Socket Set
- Spring Compressor
- Ball Joint Separator
- *QA1 Ball Joint Tool Kit p/n 1891-106 *(Race Series Arms Only)

Pre-Installation Notes:

1. QA1 Lower Control Arms are designed for use with QA1 parts or O.E. parts. Please find the section that applies to your vehicle. When using a QA1 Pro Coil system go to page 2. When using factory type springs go to page 3.

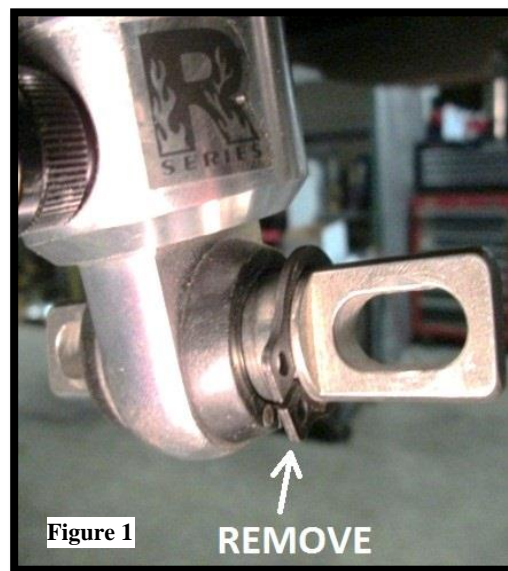
Note: Spring Seat Kit is required for use with factory type springs
7720-168 for control arm kits 52319, 52419, 52337, 52437
7720-203 for control arm kits 52364, 52464, 52320, 52420, 52366, 52466
***Part number 52368 and 52468 include part number 7720-203.**

2. QA1 does not recommend driving the vehicle until it has been properly aligned due to major changes in suspension geometry that will affect the handling characteristics of the vehicle. A front end alignment should be performed by a qualified alignment shop after any changes to the suspension system.

- When greasing the control arm pivots, only use two to three pumps. Over greasing could fill the control arm with grease.
- QA1 Race control arms are equipped with QA1 Low Friction Ball Joints; please refer to the ball joint instructions on page 4 for setting the initial preload. Preload is set from the factory, but the ball joint stud should be checked for play before installing the control arms. QA1 street control arms use OE replacement ball joints and only periodic greasing is needed.

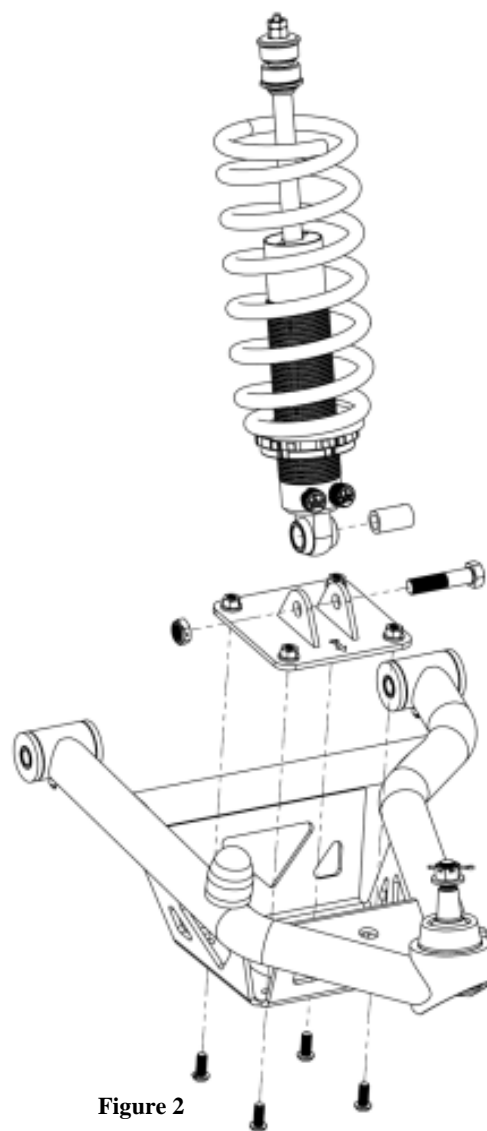
Disassembly When Using QA1 Pro Coil Coil-Over System

- Raise and support the vehicle by the frame with jack stands on a stable surface and remove front wheels.
- Remove the sway bar end links.
- Remove the cotter pin from the lower ball joint and loosen the castle nut. Do not remove the nut.
- Separate the lower ball joint from the spindle using a ball joint separator.
- With a jack under the lower control arm, remove the ball joint nut and lower the control arm.
- Remove the control arm pivot bolts noting the direction they are installed.
- Unbolt lower shock mounting bolts.
- Remove one of the snap rings from the T-bar and press the T-bar out of the shock. See **Figure 1**.



Installation When Using QA1 Pro Coil Coil-Over System

- For 1967-1969 Camaro/Firebird, install the supplied bump stop in the same location as the factory bump stop either on the frame or on the new control arm.
 - 1970-1972 Camaro/Firebird use 1/2" pivot bolts while '73-'81 Camaro/Firebird use 9/16" bolts. Match the sleeve ID with the bolt size for the car.
- Lubricate and install the 3/4" O.D. sleeve (included with the control arms) into the lower shock eye bushing and install the adaptor plate on the shock using the 2 1/4" x 1/2" bolt and 1/2" locking nut and tighten. Install the adaptor plate onto the control arm with the arrow pointing towards the lower ball joint. Some applications have centered tabs on the plate and will not have arrows. Unmarked plates should be installed with the tabs as shown. **Figure 2**.
 - Hold the new QA1 control arm in place and re-insert the pivot bolts the same direction they were removed. Start the nuts, but leave loose at this time.
 - With a jack under the lower control arm, bolt the lower shock plate to the control arm with the adjuster knob facing the ball joint. Start all bolts before tightening.
 - With the shock installed, connect the lower ball joint. Tighten the lower ball joint nut to the following specification and install a new cotter pin.



Ball Joint Torque Spec

Follow minimum initial torque specs, then tighten till the first available slot aligns with the cotter pin hole.

7/16" & 12mm	40 ft. lbs.
1/2"	55 ft. lbs.
9/16" & 14mm	65 ft. lbs.
5/8" & 16mm	75 ft. lbs.
Aluminum Spindles	50 ft. lbs.

5. Re-install sway bar end links.
6. Set the vehicle back on the ground or on wheel stands and tighten the lower control arm pivot bolts to the factory specifications.
7. A front end alignment is required and should be performed by a qualified alignment shop. See page 4 for recommended alignment specifications.

Disassembly When Using Factory Type Springs

1. Unbolt front upper shock mounts from inside the engine bay.
2. Raise and support the vehicle by the frame with jack stands on a stable surface and remove front wheels.
3. Remove the sway bar end links. See **Figure 3**.
4. Unbolt lower shock mount bolts and remove shocks from the car.
5. Remove the cotter pin from the lower ball joint and loosen the castle nut. Do not remove the nut.
6. Separate the lower ball joint from the spindle using a ball joint separator.
7. With a spring compressor, compress the coil spring to remove pressure from the lower control arm.
8. With the spring pressure off of the control arm remove the ball joint nut and spring from the car.
9. Remove the control arm pivot bolts noting the direction they are installed.

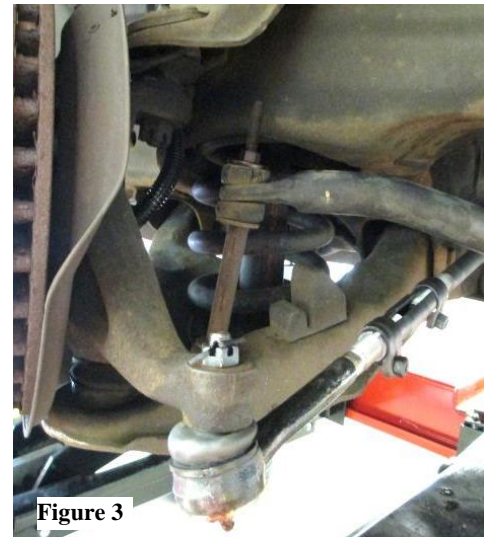


Figure 3

Installation When Using Factory Style Springs

Notes: Spring Seat Kit is required for use with factory type springs

7720-168 for control arm kits 52319, 52419, 52337, 52437

7720-203 for control arm kits 52364, 52464, 52320, 52420, 52366, 52466

***Part number 52368 and 52468 include part number 7720-203.**

- A. For 1967-1969 Camaro/Firebird, install the supplied bump stop in the same location as the factory bump stop either on the frame or on the new control arm.
- B. 1970-1981 Camaro/Firebird, two different ID sleeves are provided for the pivot bushings. Match the sleeve ID with the bolt size for the car.



Figure 4

1. Install the lower spring plate (P/N 7720-168 or 7720-203) into the control arm. Plate 7720-168 is symmetrical and cannot be installed incorrectly. Plate 7720-203 will be installed with the shock mounting bolt holes slightly biased towards the ball joint.
2. Hold the new QA1 control arm in place and re-insert the pivot bolts the same direction they were removed. Start the nuts, but leave loose at this time. **Figure 4.**
3. With the coil spring compressed, re-install in the car and connect the lower ball joint. Tighten the lower ball joint nut to the factory specification and install a new cotter pin (included with the control arms).
4. Align the coil spring in the upper spring pocket and with the lower spring seat isolator. Carefully release the spring compressor.
5. Re-install sway bar end links and shocks.
6. Set the vehicle back on the ground or on wheel stands and tighten the lower control arm pivot bolts to the factory specifications.
8. QA1 lower control arms have a bolt and nut on the back of the arm to be used as a steering stop. Adjust steering stop bolt/nut to desired turning radius and tighten jam nut into the arm. See **Figure 5**



Figure 5

A PROFESSIONAL ALIGNMENT SHOULD BE PERFORMED BEFORE DRIVING THE VEHICLE

Maintenance of QA1 Ultimate Ball Joints

(Race Series Arms Only)

Grease using high quality NLGI #2 GC-LB Lithium based grease and check preload on a regular basis. Check and set ball joint preload at least annually or every 3,000 miles, whichever comes first. NOTE: Preload on the ball stud can be set with the ball joint attached to the control arm if the spring is unloaded and the ball joint taper is free from the spindle.

1. Using the QA1 spanner socket from Ball Joint Tool Kit (p/n 1891-106) loosen the lock nut by turning counter clockwise.
2. Using the QA1 hex key, torque the torque nut to 25-30 in. lbs. and then back off 90°.
3. Using the QA1 hex key, a ½" open-ended wrench or socket, and the QA1 spanner wrench, tighten the lock nut while holding the torque nut, locking them together to 25 ft. lbs.
4. Re-check the lash on the ball stud and adjust as needed. The ball stud should not have any axial lash.

QA1 does not recommend driving the vehicle until it has been properly aligned due to major changes in suspension geometry that will affect the handling characteristics of the vehicle. A front end alignment should be performed by a qualified alignment shop after any changes to the suspension system.

Alignment Information

These components are designed to add more caster and negative camber. It is a good idea to make the alignment shop aware of this, as the alignment shop will only try to align the vehicle to factory specs. These alignment specifications are for vehicles equipped with both QA1 upper and lower control arms. Vehicles with other configurations may not be able to achieve these alignment specifications.

Recommended Alignment Specifications for Street Driving

1964-1972 A-Body	Camber:	0 to -1 degree
1967-1981 Camaro and Firebird	Caster:	3 to 5 degrees
1968-1974 Nova, X-Body	Toe:	1/16" to 1/8" toe in
1973-1977 A-Body		
1975-1979 Nova, X-Body		
1978-1988 A-Body and G-Body	Camber:	0 to -1 degree
1982-2003 S Series	Caster:	4 to 7 degrees
	Toe:	1/16" to 1/8" toe in
1982-1992 Camaro and Firebird	Camber	0 to -1 degrees
	Caster	4 to 6 degrees
	Toe:	1/16" to 1/8" toe in



READ ALL INSTRUCTIONS CAREFULLY AND THOROUGHLY PRIOR TO STARTING INSTALLATION. PRODUCTS THAT HAVE BEEN INSTALLED ARE NOT ELIGIBLE FOR RETURN. USE THE PROPER JACKING LOCATIONS. DEATH OR SERIOUS INJURY CAN RESULT IF INSTRUCTIONS ARE NOT CORRECTLY FOLLOWED. A GOOD CHASSIS MANUAL, AVAILABLE AT YOUR LOCAL PARTS STORE, MAY ALSO AID IN YOUR INSTALLATION.

• **DISCLAIMER / WARRANTY** •

QA1 WARRANTS THAT THE PRODUCTS WILL BE FREE FROM DEFECTS IN MATERIAL AND WORKMANSHIP FOR ONE YEAR FROM DATE OF SALE TO THE ORIGINAL PURCHASER. QA1 MAKES NO OTHER WARRANTY OF ANY KIND, EXPRESSED OR IMPLIED. QA1 SHALL HAVE NO OBLIGATION UNDER THE FOREGOING WARRANTY WHERE THE DEFECT IS THE RESULT OF IMPROPER OR ABNORMAL USE, YOUR NEGLIGENCE, VEHICLE ACCIDENT, IMPROPER OR INCORRECT INSTALLATION OR MAINTENANCE, NOR WHEN THE PRODUCT HAS BEEN REPAIRED OR ALTERED IN ANY WAY. QA1'S LIABILITY IN THE CASE OF DEFECTIVE PRODUCTS SUBJECT TO THE FOREGOING WARRANTY SHALL BE LIMITED TO THE REPAIR OR REPLACEMENT, AT QA1'S OPTION, OF THE DEFECTIVE PRODUCTS.

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QA1 is dedicated to providing quality support and instructions. We employ passionate racers and car enthusiasts that know our products and the industry to better serve you.

Check out our tech videos at www.YouTube.com/QA1Tech for:

- Frequently Asked Questions
- Quick Tips
- Install Information
- Tuning and Repair Guides
- Other technical information

Or call to speak with one of our experts: 1.800.721.7761

*Our technical support and order lines are open Monday - Friday, 8 am to 5 pm CST.

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