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Helicopter Instructor's Handbook



U.S. Department
of Transportation

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Administration



Helicopter Instructor's Handbook
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FAA-H-8083-4

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Table of Contents

Preface.....	iii	
Acknowledgments.....	v	
Table of Contents	vii	
Chapter 1		
Introduction to Flight Training	1-1	
Purpose of Flight Training	1-1	
Practical Flight Instructor Strategies.....	1-2	
The Federal Aviation Administration (FAA)	1-3	
Role	1-3	
FAA Reference Material	1-3	
Role of the Examiner	1-5	
Role of the Certificated Flight Instructor (CFI)	1-5	
Flight Safety Practices	1-6	
Helicopter Hazards.....	1-6	
Instructional Hazards	1-8	
Collision Avoidance.....	1-9	
See and Avoid	1-9	
Positive Exchange of Flight Controls.....	1-10	
Single-Pilot Resource Management (SRM).....	1-10	
Risk Management	1-11	
Chapter Summary	1-12	
Chapter 2		
Introduction to the Helicopter	2-1	
Introduction.....	2-1	
Training Procedures	2-2	
Introduction to the Helicopter	2-2	
Introduction to Flying.....	2-3	
Instructor Tips.....	2-4	
Chapter Summary	2-6	
Chapter 3		
Aerodynamics of Flight.....	3-1	
Introduction.....	3-1	
Forces Acting on the Aircraft	3-2	
Lift	3-2	
Bernoulli's Principle.....	3-2	
Newton's Laws of Motion	3-2	
Thrust	3-4	
Drag	3-5	
Airfoil.....	3-6	
Blade Twist	3-6	
Rotor Blade and Hub Definitions.....	3-7	
Airflow and Reactions in the Rotor System.....	3-7	
Rotor Blade Angles.....	3-8	
Hovering Flight.....	3-8	
Translating Tendency or Drift	3-10	
Pendular Action	3-10	
Coning	3-10	
Coriolis Effect (Law of Conservation of Angular Momentum).....	3-11	
Ground Effect	3-11	
Gyroscopic Precession.....	3-12	
Forward Flight	3-12	
Translational Lift	3-12	
Translational Thrust.....	3-13	
Induced Flow	3-13	
Transverse Flow Effect.....	3-13	
Dissymmetry of Lift.....	3-13	
Hover	3-13	
Translational Flight	3-14	
Sideward, Rearward, and Turning Flight.....	3-14	
Autorotation	3-15	
Entry	3-15	
Steady-State Descent.....	3-15	
Deceleration.....	3-15	
Instructor Tips	3-16	
Chapter Summary	3-16	
Chapter 4		
Helicopter Flight Controls	4-1	
Introduction.....	4-1	
Collective Pitch Control.....	4-2	
Throttle Control	4-3	
Cyclic Pitch Control	4-4	
Antitorque Control.....	4-5	
Practice.....	4-6	
Instructor Tips	4-6	
Chapter Summary	4-6	

Chapter 5	
Helicopter Components, Sections, and Systems.....	5-1
Introduction.....	5-1
Airframe Design.....	5-2
Rotor Blade Design.....	5-2
Powerplant Design.....	5-2
Antitorque System Design.....	5-2
Landing Gear System Design.....	5-2
Airframe.....	5-2
Aluminum.....	5-3
Advantages.....	5-3
Disadvantages.....	5-3
Composite Construction.....	5-4
Advantages.....	5-4
Disadvantages.....	5-4
Fuselage.....	5-4
Main Rotor System.....	5-4
Rigid Rotor System.....	5-5
Semirigid Rotor System.....	5-5
Fully Articulated Rotor System.....	5-8
Bearingless Rotor System.....	5-10
Tandem Rotor.....	5-10
Coaxial Rotor System.....	5-11
Swashplate Assembly.....	5-12
Antitorque Systems.....	5-14
Tail Rotor.....	5-14
Other Types of Antitorque System.....	5-14
Engines.....	5-16
Reciprocating Engine (Piston).....	5-16
Turbine Engine.....	5-16
Compressor.....	5-18
Combustion Chamber.....	5-18
Turbine.....	5-18
Transmission System.....	5-19
Main Rotor Transmission.....	5-19
Antitorque Drive System.....	5-20
Clutch.....	5-20
Freewheeling Unit.....	5-20
Fuel System.....	5-21
Engines.....	5-21
Reciprocating Engines.....	5-21
Carburetor.....	5-21
Carburetor Ice.....	5-22
Fuel Injection.....	5-22
Electrical Systems.....	5-23
Hydraulics.....	5-23
Hydraulic System Components.....	5-23
Hydraulic System Failure.....	5-24
Stability Augmentation Systems (SAS).....	5-24
Autopilot.....	5-25
Environmental Systems (Heating/Cooling).....	5-25
Anti-Icing Systems.....	5-25
Engine Anti-Ice.....	5-25
Carburetor Icing.....	5-25
Preflight and Deicing.....	5-26
Instructor Tips.....	5-26
Chapter Summary.....	5-26
Chapter 6	
Rotorcraft Flight Manual.....	6-1
Introduction.....	6-1
Introducing the Manual.....	6-2
Sections of the Manual.....	6-2
General Information (Section 1).....	6-2
Operating Limitations (Section 2).....	6-2
Emergency Procedures (Section 3).....	6-4
Normal Procedures (Section 4).....	6-4
Performance (Section 5).....	6-5
Weight and Balance (Section 6).....	6-6
Aircraft and Systems Description (Section 7).....	6-6
Handling, Servicing, and Maintenance (Section 8).....	6-6
Supplements (Section 9).....	6-7
Chapter Summary.....	6-8
Chapter 7	
Weight and Balance	7-1
Introduction.....	7-1
Weight.....	7-2
Definitions.....	7-2
Determining Empty Weight.....	7-2
Balance.....	7-3
Center of Gravity (CG).....	7-3
CG Forward of Forward Limit.....	7-3
CG Aft of Aft Limit.....	7-3
Lateral Balance.....	7-4
Ballast.....	7-4
Weight and Balance Calculations.....	7-4
Weight Versus Aircraft Performance.....	7-5
Arm (Station).....	7-5
Moment.....	7-5
Weight and Balance Methods.....	7-6
Computational Method.....	7-6
Loading Chart Method.....	7-6
Combination Method.....	7-8
Calculating Lateral CG.....	7-9
Instructor Tips.....	7-10
Chapter Summary.....	7-10
Chapter 8	
Helicopter Performance.....	8-1
Introduction.....	8-1

Factors Affecting Performance	8-2	Normal Descent	10-5
Density Altitude	8-2	Instructional Points.....	10-5
Weight.....	8-3	Common Student Difficulties.....	10-5
Loads	8-3	Attitude	10-5
Load Factor.....	8-3	Coordination	10-5
Wind	8-4	Scan.....	10-5
Height/Velocity Diagram.....	8-4	Turns	10-5
Performance Planning.....	8-5	Instructional Points.....	10-6
Instructor Tips.....	8-5	Common Student Difficulties.....	10-6
Chapter Summary	8-6	Attitude	10-6
Chapter 9		Leaning Away From a Turn	10-6
Preflight and Postflight Procedures.....	9-1	Failure to Clear the Area.....	10-6
Introduction.....	9-1	Rolling Out of a Turn	10-6
Checklists.....	9-2	Climbing and Descending Turns	10-6
Required Documents.....	9-2	Instructional Points.....	10-6
Preflight Inspection	9-3	Common Student Difficulties.....	10-7
Cockpit Management.....	9-4	Attitude	10-7
Ground Operations.....	9-5	Scan.....	10-7
Engine Start.....	9-6	Coordination Exercises	10-7
Taxiing	9-7	Approaches	10-7
Before Takeoff.....	9-7	Instructional Points.....	10-8
After Landing.....	9-7	Common Student Difficulties.....	10-8
Parking	9-7	Ground Track.....	10-8
Engine Shutdown.....	9-9	Altitude	10-8
Postflight	9-9	Airspeed.....	10-8
Securing and Servicing	9-9	Approach Angle.....	10-8
Instructor Tip	9-9	Traffic	10-9
Chapter Summary	9-9	Power Adjustments.....	10-9
Chapter 10		Go-Around	10-9
Basic Flight Maneuvers	10-1	Instructional Points.....	10-9
Introduction.....	10-1	Common Student Difficulties.....	10-9
Basic Maneuvers	10-2	Initiating the Go-Around	10-9
Straight-and-Level Flight.....	10-2	Coordination	10-9
Instructional Points.....	10-2	Normal and Crosswind Takeoff From a Hover	10-9
Common Student Difficulties.....	10-3	Instructional Points.....	10-9
Visualizing Attitude.....	10-3	Crosswind Considerations During Takeoffs	10-10
Overcontrolling.....	10-3	Common Student Difficulties.....	10-10
Trim	10-3	Attitude Control	10-10
Coordination	10-3	Heading Control.....	10-10
Scan.....	10-3	Crosswind Corrections.....	10-10
Kinesthesia.....	10-3	Traffic	10-11
Normal Climb	10-4	Hovering	10-11
Instructional Points.....	10-4	Vertical Takeoff to a Hover and Hovering.....	10-11
Common Student Difficulties.....	10-4	Instructional Points	10-11
Attitude	10-4	Common Student Difficulties	10-13
Overcontrolling.....	10-4	Hovering Turn	10-14
Coordination	10-5	Instructional Points	10-14
Scan.....	10-5	Common Student Difficulties	10-15

Hovering Forward	10-16	Rapid Deceleration or Quick Stop	11-6
Instructional Points	10-16	Instructional Points.....	11-6
Common Student Difficulties	10-16	Common Student Difficulties.....	11-7
Hovering Sideward.....	10-16	Coordination	11-7
Common Student Difficulties	10-17	Recovery	11-7
Hovering Rearward	10-17	Steep Approach to a Hover.....	11-7
Instructional Points	10-17	Instructional Points.....	11-8
Common Student Difficulties	10-17	Common Student Difficulties.....	11-8
Landing From a Hover	10-18	Shallow Approach and Running/Roll-On Landing.....	11-8
Instructional Points	10-18	Instructional Points.....	11-9
Common Student Difficulties	10-18	Common Student Difficulties.....	11-9
Taxi	10-19	Approach Angle.....	11-9
Air Taxi	10-19	Attitude Control	11-9
Surface/Ground Taxi	10-19	Collective Control.....	11-10
Instructional Points.....	10-19	Touchdown	11-10
Ground Reference Maneuvers	10-20	Slope Operations.....	11-10
Rectangular Course	10-20	Slope Landings.....	11-10
S-Turn.....	10-21	Instructional Points	11-11
Turns Around a Point	10-21	Common Student Difficulties	11-12
Common Student Difficulties.....	10-22	Slope Takeoff	11-12
Failure To Plan Properly.....	10-22	Instructional Points	11-12
Coordination	10-22	Common Student Difficulties	11-12
Division of Attention	10-22	Confined Area Operations.....	11-12
Attitude	10-22	Instructional Points.....	11-13
Scan.....	10-22	Approach and Landing	11-13
Instructor Tips.....	10-22	Takeoff.....	11-14
Chapter Summary	10-24	Common Student Difficulties.....	11-15
Chapter 11		Pinnacle and Ridgeline Operations.....	11-15
Advanced Flight Maneuvers.....	11-1	Pinnacle Landings	11-15
Introduction.....	11-1	Instructional Points.....	11-15
Instructor's Approach	11-2	Common Student Difficulties.....	11-16
Scenario-Based Training	11-2	Planning	11-16
Identification, Prevention, and Recovery	11-2	Approach Angle.....	11-16
Reinforce Fundamentals.....	11-2	Airspeed.....	11-16
Reconnaissance Procedures	11-2	Pinnacle Takeoff and Climb	11-16
High Reconnaissance	11-3	Instructional Points.....	11-16
Low Reconnaissance	11-3	Common Student Difficulties.....	11-16
Ground Reconnaissance	11-4	Planning	11-16
Maximum Performance Takeoff	11-4	RPM.....	11-17
Instructional Points.....	11-4	Airspeed.....	11-17
Common Student Difficulties	11-5	Night Flying	11-17
Coordination	11-5	Common Student Difficulties.....	11-17
Airspeed	11-5	Takeoff.....	11-17
Running/Rolling Takeoff	11-5	Airborne	11-17
Instructional Points.....	11-5	Approach.....	11-17
Common Student Difficulties	11-6	Instructional Points.....	11-17
RPM	11-6	Cross-Country Operations	11-18
Attitude Control	11-6	Instructional Points.....	11-18
Wind	11-6	Common Student Difficulties.....	11-18

Poor Cross-Country Planning	11-18	Student Tendencies.....	13-5
Reliability on Navigation Equipment	11-18	Instructional Objectives	13-6
Instructor Tips.....	11-18	Instructor Tips.....	13-6
Chapter Summary	11-20	Chapter Summary	13-7
Chapter 12			
Helicopter Emergencies.....	12-1	Chapter 14	
Introduction.....	12-1	Night Operations	14-1
Autorotative Descents.....	12-2	Introduction.....	14-1
Straight-In Autorotation, With Instructional Points.....	12-2	Instructor's Objective.....	14-2
Autorotations With Turns, With Instructional Points	12-4	Eye Anatomy and Physiology.....	14-2
Power Recovery From Practice Autorotation, With Instructional Points.....	12-4	Visual Problems	14-2
Power Failure in a Hover, With Instructional Points	12-5	Night Vision Protection.....	14-2
Common Student Difficulties With Autorotation	12-5	Self-Imposed Stress.....	14-4
Emergency Situations for Discussion Only	12-5	Scanning Techniques.....	14-4
Vortex Ring State (Settling With Power).....	12-6	Visual Illusions.....	14-5
Retreating Blade Stall.....	12-7	Flight Instruction.....	14-6
Ground Resonance	12-7	Preflight Inspection	14-7
Low-G Conditions and Mast Bumping	12-8	Instructor Tips.....	14-10
Low Rotor RPM	12-9	Chapter Summary	14-10
Blade Stall.....	12-9	Chapter 15	
Recovery From Low Rotor RPM	12-9	Helicopter Operations	15-1
Common Student Difficulties.....	12-10	Introduction.....	15-1
Brownout/Whiteout	12-10	Collision Avoidance.....	15-2
System or Equipment Malfunctions.....	12-11	Runway Incursions.....	15-2
Antitorque System Failure.....	12-11	Safety Considerations	15-2
Complete Loss of Tail Rotor Thrust	12-11	Traffic Patterns.....	15-2
Fixed Pitch Settings	12-11	Instructional Points.....	15-3
Loss of Tail Rotor Components.....	12-11	Common Student Difficulties.....	15-4
Unanticipated Yaw/Loss of Tail Rotor Effectiveness (LTE).....	12-11	Drift Correction	15-4
Main Drive Shaft Failure.....	12-12	Spacing From Other Aircraft.....	15-4
Hydraulic Failure.....	12-12	Altitude and Airspeed	15-4
Governor Failure	12-12	Airspace	15-5
Multiengine Operations With One Engine Inoperative.....	12-12	Helicopter Turbine and Multiengine Transition	15-5
Emergency Equipment and Survival Gear.....	12-12	FLOATS, WHEELED LANDING GEAR, OR SKI TRANSITIONS	15-5
Scenario-Based Training.....	12-13	FLOATS	15-6
Instructor Tips.....	12-14	WHEELED LANDING GEAR	15-7
Chapter Summary	12-14	SKIS	15-7
Chapter 13			
Attitude Instrument Flying.....	13-1	EXTERNAL LOADS	15-7
Introduction.....	13-1	PERSONNEL	15-7
Instructor's Objective.....	13-2	KNOWLEDGE AND SKILL	15-7
Ground Instruction	13-2	EMERGENCY PROCEDURES	15-8
Flight Instruction.....	13-3	Instructor Tips.....	15-8
Instructional Techniques	13-4	Chapter Summary	15-8
Chapter 16			
Practical Examination and Preparation for Flight Review		16-1	
Introduction.....		Introduction.....	16-1
Documentation.....		Documentation	16-1
Preparing the Student.....		Preparing the Student	16-2
Last Training Flight.....		Last Training Flight.....	16-2

Application and Testing Preparation	16-2	FAA Resources	17-5
Preparation for a Practical Exam	16-2	Human Factors	17-6
Training	16-2	Curiosity: Healthy or Harmful?.....	17-6
Flight Review	16-2	Risk Management	17-6
Who Needs a Flight Review?.....	16-4	Assessing Risk.....	17-6
Flight Review Requirements	16-4	Using the 3P To Form Good Safety Habits.....	17-7
Preparation for the Flight Review	16-4	The PAVE Checklist	17-8
Model or Type of Helicopter Flown.....	16-4	Recognizing Hazardous Attitudes	17-8
Nature of Flight Operations	16-4	Use of Resources	17-9
Recency of Flight Experience.....	16-4	Internal Resources	17-10
Chapter Summary	16-6	External Resources	17-10
Chapter 17		Workload Management	17-11
Single-Pilot Resource Management,		Situational Awareness	17-12
Aeronautical Decision-Making, and Risk		Obstacles to Maintaining Situational	
Management.....	17-1	Awareness.....	17-12
Introduction.....	17-1	Operational Pitfalls	17-12
Origins of ADM and SRM	17-3	Instructor Tips	17-14
The Decision-Making Process.....	17-3	Chapter Summary	17-14
Defining the Problem.....	17-4		
Choosing a Course of Action.....	17-4	Glossary	G-1
Implementing the Decision and Evaluating the			
Outcome.....	17-4	Index	I-1
Improper Decision-Making Outcomes	17-5		

Ensure the student understands that a helicopter operates in a three-dimensional environment and requires specific skills to control the aircraft:

- Coordination—the ability to use the hands and feet together subconsciously and in the proper relationship to produce desired results in the helicopter control.
- Control touch—to develop the ability to sense and evaluate the varying pressures and resistance of the control surfaces and/or the instructor’s input transmitted through the cockpit flight controls and apply inputs in response to those pressures.
- Timing—the application of muscular coordination at the proper instant to make maneuvering flight a constant smooth process.
- Mental comprehension of aerodynamic state, power required versus power available, and hazards present.

Keep in mind that an accomplished pilot demonstrates the ability to assess a situation quickly and accurately and to determine the correct procedure to be followed under the circumstance; to analyze accurately the probable results of a given set of circumstances or of a proposed procedure; to exercise care and due regard for safety; to gauge accurately the performance of the aircraft; and to recognize personal limitations and limitations of the aircraft and avoid approaching the critical points of each. The development of airmanship skills requires effort and dedication on the part of both the student and the flight instructor. It begins with the first training flight when the instructor encourages proper habit formation by introducing and modeling safe operating practices.

While every aircraft has its own particular flight characteristics, the purpose of primary and intermediate flight training is not to learn how to fly a particular make and model of helicopter; it is to develop skills and safe habits that are transferable to any helicopter. [Figure 1-1] Basic airmanship skills serve as a firm foundation for this. Acquiring necessary airmanship skills during training and demonstrating these skills by flying with precision and safe flying habits allows the pilot to transition easily to more complex helicopters. Remember, the goal of flight training is to become a safe and competent pilot, and that passing required tests for pilot certification is only the first step toward this goal.

Practical Flight Instructor Strategies

As discussed in Chapter 8 of the Aviation Instructor Handbook, certificated flight instructors (CFIs) should remember they are a role model for the student. The flight instructor should demonstrate good aviation air sense and practices at all times.



Figure 1-1. As part of flight training, a pilot instructs a student on proper techniques for landing at an airport.

For the helicopter CFI, this means:

- Before the flight—discuss the procedures for the exchange of controls, establish scan areas for clearing the aircraft, and establish who is responsible for initiating immediate action in an emergency.
- During flight—prioritize the tasks of aviating, navigating, and communicating. Instill the importance of “see and avoid” and utilizing aircraft lighting to be more visible in certain flight conditions.
- During landing—conduct stabilized approaches, maintain proper angle and desired rate of closure on final. Use aeronautical decision-making (ADM) to demonstrate good judgment for go-arounds, wake turbulence avoidance, traffic, and terrain avoidance.
- Always—remember that safety is paramount.

Flight instructors have the responsibility of producing the safest pilots possible. For that reason, CFIs should tirelessly encourage each student to learn as much as he or she is capable of and keep raising the bar toward the ultimate goal. When introducing lesson tasks, flight instructors should introduce the student to the Practical Test Standards (PTS) and discuss that the minimum acceptable standards for passing a given maneuver are stated therein. The CFI must stress to the student that these are only the minimum standards and that he or she should strive for much higher performance.

The PTS is not a teaching tool. It is a testing tool. The overall focus of flight training should be on learning, which includes gaining an understanding of why the standards exist and how they were determined. [Figure 1-2] Use the PTS as a training aid. Title 14 of the Code of Federal Regulations (14 CFR) does require specific training for the PTS endorsements, but this should not be presented to the student at the end of the training. The CFI should take into consideration all of the

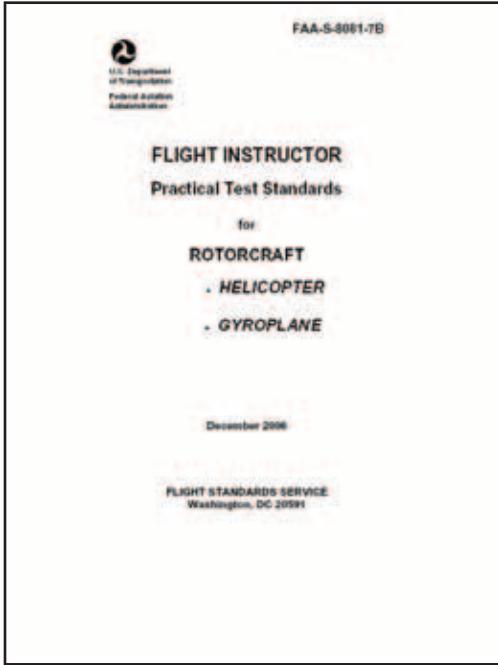


Figure 1-2. Practical Test Standards.

necessary training and strategically plan that training so the student has time to practice and prepare. It is the ultimate goal of the CFI to produce the safest, most competent pilot from his or her course of instruction and take pride in knowing that the student not only passed the test standards but exceeds those standards when conducting any and all helicopter procedures, on the ground or in the air.

The Federal Aviation Administration (FAA)

Role

It is imperative that a new student be introduced and become familiar with the role of the Federal Aviation Administration (FAA) in aviation. For the new student, this includes introducing him or her to the parts and subparts of 14 CFR that relate to flight training and pilot certification. To be included are pertinent handbooks, the PTS, and any references the CFI determines to be valuable to the student pilot learning experience. For transitioning pilots, the PTS for the helicopter is a key reference. The student should also be introduced to the Knowledge Test Guides that can be found at www.faa.gov.

An online session at the FAA website provides the CFI with an opportunity to introduce the new student and/or transitioning pilot to the many resources now available around the clock. The site has easy-to-access handbooks, regulations, standards, manuals, references, and even online courses. With the advent of the Integrated Airman Certificate and/or Rating Application (IACRA), the FAA can process airman certification documents via the Internet, interfacing with multiple FAA national databases to validate data

and verify specific fields. IACRA automatically ensures applicants meet regulatory and policy requirements and forwards the FAA Form 8710-1 application and test results to the FAA Airmen Certification Branch. [Figure 1-3] While many younger students interface easily with the Internet, a CFI trains pilots of all ages. Ensuring the student is comfortable using the FAA's Internet resources is part of a good training program.

Figure 1-3. IACRA processes applications for airman certification via the Internet and automatically ensures applicants meet regulatory and policy requirements through programming rules and data validation.

FAA Reference Material

The reference materials described below, as revised, can be used by the CFI to assemble a handout for the student. An example of such a handout can be found in Appendix A.

- Pilot's Handbook of Aeronautical Knowledge (FAA-H-8083-25)—provides essential knowledge for pilots as they progress through pilot training. Useful to beginning pilots, as well as those pursuing more advanced certificates.
- Helicopter Flying Handbook (FAA-H-8083-21)—designed as a technical manual for applicants who are preparing for their private, commercial, or flight instructor pilot certificates with a helicopter class rating. The handbook contains detailed coverage of aerodynamics, flight controls, systems, performance, flight maneuvers, emergencies, and ADM specific to helicopter flight, which makes it a valuable training aid. Helicopters are rotorcraft as are gyroplanes.

Gyroplanes and helicopters are the two classes of aircraft in the rotorcraft category. Therefore, to differentiate between the classes of aircraft with different skill requirements, the FAA issues rotorcraft helicopter ratings or rotorcraft gyroplane ratings.

- Instrument Flying Handbook (FAA-H-8083-15)—designed for use by instrument flight instructors and pilots preparing for instrument rating tests, this handbook is a valuable training aid for CFIAs as it includes basic reference material for knowledge testing and instrument flight training. [Figure 1-4]



Figure 1-4. The Instrument Flying Handbook is one of many training aids provided by the FAA Airman Testing Standards Branch.

- Risk Management Handbook (FAA-H-8083-2)—provides tools to help pilots determine and assess each situation for the safest possible flight with the least amount of risk. This handbook presents methods pilots can use to manage the workloads associated with each phase of flight, resulting in a safer, more enjoyable, and less stressful experience for both themselves and their passengers.
- Advanced Avionics Handbook (FAA-H-8083-6)—provides general aviation users with comprehensive information on the advanced avionics equipment available in technically advanced aircraft.
- Aeronautical Information Manual (AIM)—Chapter 10 of the AIM includes items that specifically pertain

to helicopter operations. The AIM also provides the aviation community with basic flight information and Air Traffic Control (ATC) procedures for use in the National Air Space (NAS) of the United States. It also contains items of interest to pilots concerning health/medical facts, factors affecting flight safety, etc.

- Airport/Facility Directory—containing information on public and joint use airports, communications, navigation aids, instrument landing systems, very high frequency (VHF) omnirange navigation system (VOR) receiver checkpoints, preferred routes, Automated Flight Service Station (AFSS)/Weather Service telephone numbers, Air Route Traffic Control Center (ARTCC) frequencies, part-time surface areas, and various other pertinent special notices essential to air navigation, the directory is now available in digital format at www.faa.gov.
- Practical Test Standards—the Rotorcraft (Helicopter and Gyroplane) PTS establishes the standards for pilot certification practical tests for the rotorcraft category, helicopter, and gyroplane classes. FAA inspectors and designated pilot examiners (DPEs) conduct practical tests in compliance with these standards. Flight instructors and applicants should find these standards helpful during training and when preparing for the practical test. More detailed information can be found at www.faa.gov. Refer the new student to page 3 of the PTS which provides a list of references used to compile the standards under which he or she is tested. This list identifies the publications that describe the various tasks that need to be mastered prior to the test. While explaining the PTS, be sure to review the Rotorcraft Practical Test Prerequisites.

An applicant for the Rotorcraft Practical Test is required by 14 CFR part 61 to:

- Be able to read, speak, write, and understand the English language. (If there is a doubt, use Advisory Circular (AC) 60-28, English Language Skill Standards.)
- Have passed the appropriate pilot knowledge test since the beginning of the 24th month before the month in which the practical test is completed.
- Have satisfactorily accomplished the required training and obtained the aeronautical experience prescribed.
- Possess a current Medical Certificate.
- Have an endorsement from an authorized instructor certifying that the applicant has received and logged training time within 60 days preceding the date of application.