



# FITNESS AND AGILITY

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# BALANCE & CORE STRENGTH



## Buffalo Sports Balance Ball Trainer with Handles

This 58cm Yoga ball stability trainer is the perfect companion for yoga exercise and pilates routines and is also great for core strengthening exercises.

- Anti-burst material - PVC and ABS
- Mill finish
- Non-toxic
- Weight - 5.85kg

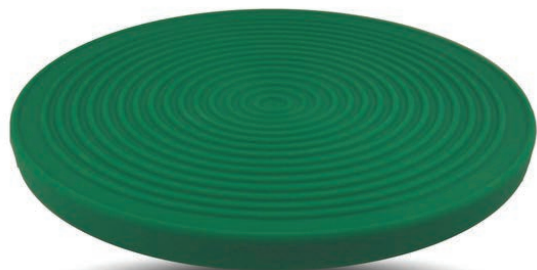
**EXE057 \$108.90**



## Buffalo Sports Yoga Stability Balance Pad

- The Buffalo Sports Yoga Stability Disc is inflatable and made of anti-burst PVC.
- It can be used anywhere and any time you want to intensify your workouts, whether it's yoga, Pilates, or ab exercises. Using this cushion helps strengthen your deep core muscles as the body constantly adjusts to maintain its balance.
- It can also be used as a lumbar support cushion. Reap the core strengthening and posture benefits by sitting on it or keeping it behind your back as you work throughout the day.
- You can also choose between the two textured sides, which prevent the disc from slipping while also giving you the sensation of a massage.
- The stability disc is lightweight and travel-friendly, so you can bring it with you to the office, park, or gym.
- 33cm x 7cm
- Colours may be chosen at random

**EXE056 \$19.90**



## Wobble Board

- Textured ringed surface to prevent slipping. Ideal to increase lower leg muscles and overall agility and balance.
- Heavy duty moulded plastic wobble board for balance and co-ordination exercises. Ideal for all ages.
- Width - 40cm
- Assorted colours, chosen at random.

**EXE015 \$24.90**



## Buffalo Sports Elite Foam Yoga Massage Rollers

Offers strong support - can bear up to 100kg. 3D massage floating point - provides deep tissue massage. Soft and elastic EVA foam surface - offers comfortable touch. PVC inner with EVA surface - nontoxic, hard wearing and durable. Ideal tool for yoga, pilates, balance training, fitness exercise, physiotherapy, etc. 33cm Length x 14cm. Colours may be chosen at random.

EXE054

\$16.90



## Buffalo Sports Half Massage Ball

Ideal for use in the back, buttocks, feet and hands zones. It is suitable for all people, especially the children with dyskinesia, balance training athletes, yoga lovers, office people and people standing for a long time.

Material: Heavy Duty PVC

Product size: 16cm x 8cm

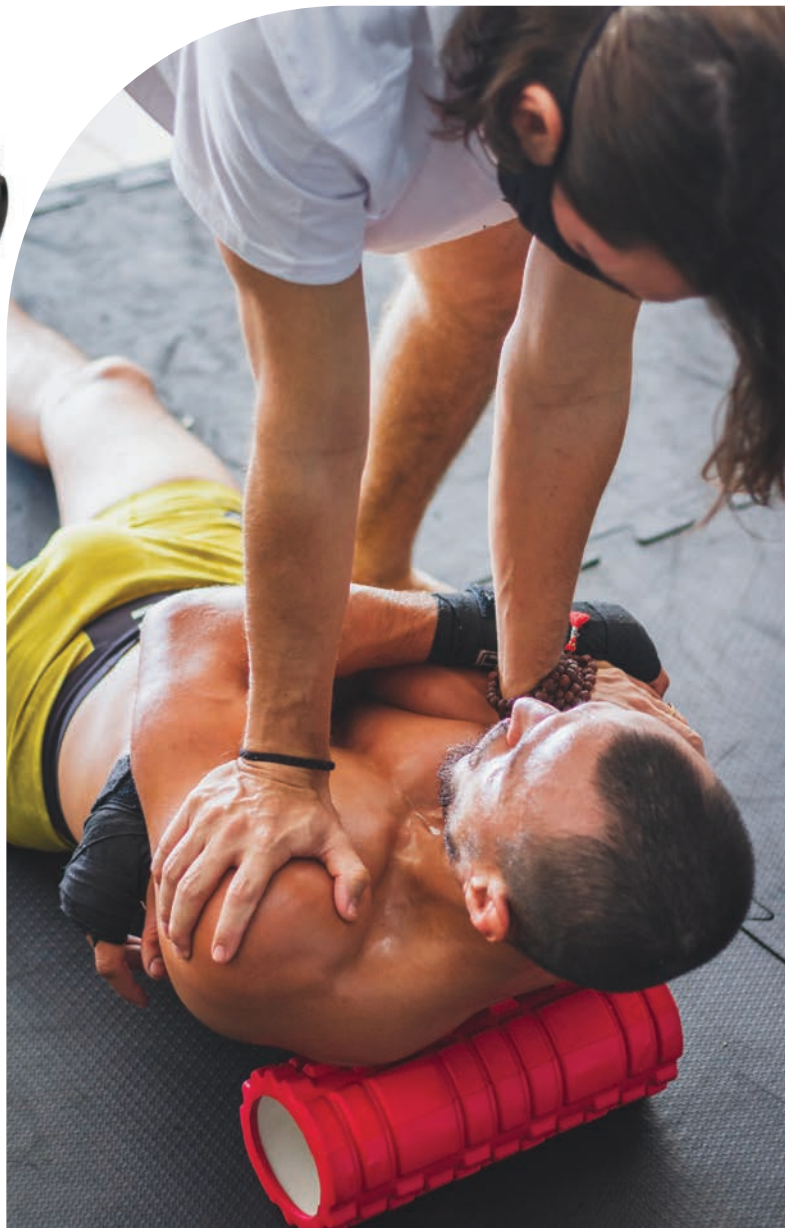
Net weight: 250g

Sold per Individual Unit.

Colours chosen from random

EXE055

\$8.90



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# BOXING FOR FITNESS

## BOXING GLOVES & MITTS



### Buffalo Sports Deluxe Competition Boxing Gloves

Highest Grade Leather. Injection moulded foam. Velcro wrist strap. Ideal for competition. Available in 10oz, 12oz, 14oz, 16oz. Colours available: red or blue.

#### BLUE

|      |              |         |
|------|--------------|---------|
| 10oz | BOX073-BL-10 | \$79.90 |
| 12oz | BOX073-BL-12 | \$79.90 |
| 14oz | BOX073-BL-14 | \$79.90 |
| 16oz | BOX073-BL-16 | \$79.90 |

#### RED

|      |              |         |
|------|--------------|---------|
| 10oz | BOX073-RE-10 | \$79.90 |
| 12oz | BOX073-RE-12 | \$79.90 |
| 14oz | BOX073-RE-14 | \$79.90 |
| 16oz | BOX073-RE-16 | \$79.90 |



### Buffalo Sports Pro Series Boxing Gloves

Traditional style boxing glove. Velcro wrist strap. Ideal for training or workouts. High quality PU material. Available in 10oz, 12oz, 14oz, 16oz. Colours available: red or blue.

#### BLUE

|      |              |         |
|------|--------------|---------|
| 10oz | BOX201-BL-10 | \$42.90 |
| 12oz | BOX201-BL-12 | \$42.90 |
| 14oz | BOX201-BL-14 | \$42.90 |
| 16oz | BOX201-BL-16 | \$42.90 |

#### RED

|      |              |         |
|------|--------------|---------|
| 10oz | BOX201-RE-10 | \$42.90 |
| 12oz | BOX201-RE-12 | \$42.90 |
| 14oz | BOX201-RE-14 | \$42.90 |
| 16oz | BOX201-RE-16 | \$42.90 |



### Buffalo Sports Deluxe Boxing Bag Mitts

- Genuine cowhide leather.
- Leather is most durable material available.
- Embossed logo, wraparound velcro straps.
- Premium grade curved injection molded foam shape.

|        |           |         |
|--------|-----------|---------|
| Small  | BOX204-SM | \$69.00 |
| Medium | BOX204-ME | \$69.00 |
| Large  | BOX204-LA | \$69.00 |





## Buffalo Sports Pro Boxing Bag Mitts

Premium PU Synthetic Leather. Embossed logo, wraparound Velcro straps. Premium grade curved injection molded foam shape. Ideal for PT Training and home use.

|               |                  |                |
|---------------|------------------|----------------|
| <b>Medium</b> | <b>BOX074-ME</b> | <b>\$27.39</b> |
| <b>Large</b>  | <b>BOX074-LA</b> | <b>\$27.39</b> |



## Buffalo Sports Boxing Hand Wraps

Traditional style hand wraps. As used for boxing. Sold per pair.

**BDF059 \$10.89**



## Buffalo Sports Speedball Mitts

High quality synthetic leather. Flat style gloves. Ideal for use with speedballs or light glove work.

**BOX202 \$14.90**

# BOXING PROTECTIVE GEAR



## Buffalo Sports Boxing Groin Protector

Competition model. Adjustable straps. Leather construction. High grade protection. Available in Small, Medium, Large & Extra Large.

Please specify size when ordering.

**BOX082 \$79.90**

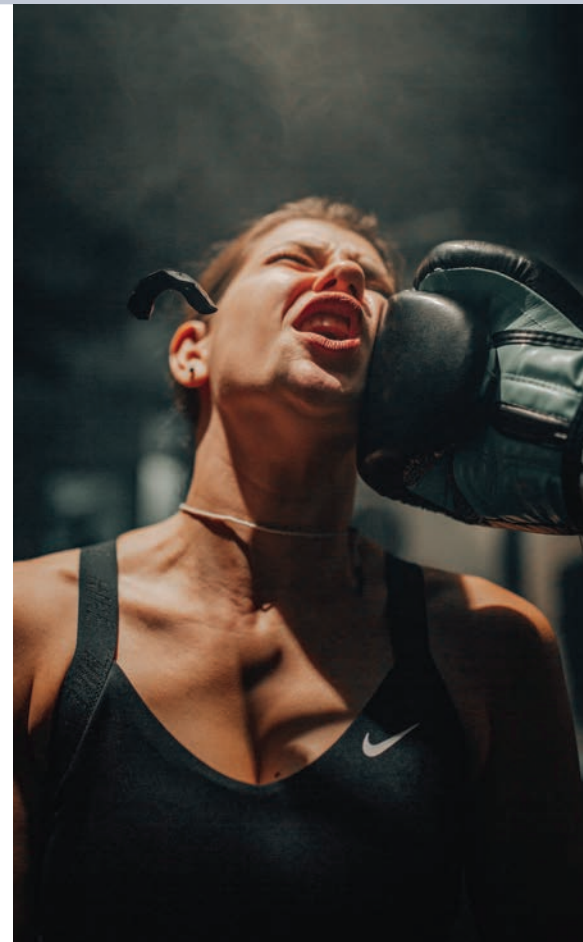


## Buffalo Sports Deluxe Leather Boxing Head Guard

High quality leather. Offers high level of protection. Adjustable back with velcro strap. Enclosed ears. Sizes available: small, medium, large. Colours available: red or blue.

Please specify size when ordering.

**BOX081 \$79.90**



# BOXING FOR FITNESS



BLACK/ORANGE



YELLOW/CLEAR



CLEAR/BLACK



CLEAR/ORANGE



CLEAR/PINK



CLEAR/RED



CLEAR/CLEAR



CLEAR/WHITE



WHITE/GREEN



CLEAR/BLUE



WHITE/BLUE



WHITE/RED

## Buffalo Sports Deluxe Anti Shock Mouthguard

- Heavy duty rubber shock frame with gel fit liner.
- Provides ultimate protection.
- Breathing channels allow for easy breathing while clenched.
- Gel fit liner material takes an exact impression of the teeth providing a tight and comfortable fit.
- Senior or Junior sizes.

|                | Senior                    | Junior                    |
|----------------|---------------------------|---------------------------|
| Clear Pink     | FOOT501-SE-CP<br>\$14.19  | FOOT501-JU-CP<br>\$14.19  |
| Clear / Black  | FOOT501-SE-CBK<br>\$14.19 | FOOT501-JU-CBK<br>\$14.19 |
| White / Blue   | FOOT501-SE-WB<br>\$14.19  | FOOT501-JU-WB<br>\$14.19  |
| White / Clear  | FOOT501-SE-WC<br>\$14.19  | FOOT501-JU-WC<br>\$14.19  |
| Clear / Red    | FOOT501-SE-CR<br>\$14.19  | FOOT501-JU-CR<br>\$14.19  |
| White / Red    | FOOT501-SE-WR<br>\$14.19  | FOOT501-JU-WR<br>\$14.19  |
| Yellow / Clear | FOOT501-SE-YC<br>\$14.19  | FOOT501-JU-YC<br>\$14.19  |
| Clear / Blue   | FOOT501-SE-CB<br>\$14.19  | FOOT501-JU-CB<br>\$14.19  |
| Clear / Orange | FOOT501-SE-CO<br>\$14.19  | FOOT501-JU-CO<br>\$14.19  |
| White / Green  | FOOT501-SE-WG<br>\$14.19  | FOOT501-JU-WG<br>\$14.19  |
| Black / Orange | FOOT501-SE-BO<br>\$14.19  | FOOT501-JU-BO<br>\$14.19  |
| Clear / Clear  | FOOT501-SE-CC<br>\$14.19  | FOOT501-JU-CC<br>\$14.19  |



BLUE



WHITE



BLACK



YELLOW



GREEN



RED

## Buffalo Sports Standard Mouthguards

Buffalo Standard Mouth Guards. Available in Senior or Junior. Simply heat up in hot water and mold the soft mouthguard to your teeth. Includes storage case.

### Senior

|        |              |        |
|--------|--------------|--------|
| Red    | HOC029-SE-RE | \$5.39 |
| Blue   | HOC029-SE-BL | \$5.39 |
| Green  | HOC029-SE-GR | \$5.39 |
| Yellow | HOC029-SE-YE | \$5.39 |
| White  | HOC029-SE-WH | \$5.39 |
| Black  | HOC029-SE-BL | \$5.39 |

### Junior

|        |               |        |
|--------|---------------|--------|
| Red    | HOC029-JNR-RE | \$5.39 |
| Blue   | HOC029-JNR-BL | \$5.39 |
| Green  | HOC029-JNR-GR | \$5.39 |
| Yellow | HOC029-JNR-YE | \$5.39 |
| White  | HOC029-JNR-WH | \$5.39 |
| Black  | HOC029-JU-BL  | \$5.39 |



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## FOCUS PADS



### Buffalo Sports Deluxe Leather Focus Pads Curved

Premium Grade Genuine Leather. Ideal for developing speed and accuracy. Heavy duty Ultra Foam insert. Curved shape. Ideal for PT Training and home use.

**BOX205 \$86.90**



### Buffalo Sports Deluxe Leather Focus Pads Straight

Premium Grade Genuine Leather. Ideal for developing speed and accuracy. Heavy duty Ultra Foam insert. Straight Flat shape. Ideal for PT Training and home use.

**BOX206 \$64.90**



### Buffalo Sports Pro Series Focus Pads

- Premium Grade Synthetic Leather.
- Lightweight ventilated mesh back panels for breathability.
- Adjustable velcro strap.
- Ideal for developing speed and accuracy
- Heavy duty Ultra Foam insert
- Curved shape
- Ideal for PT Training and home use

**BOX039 \$39.90**

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## PUNCHING BAGS & ACCESSORIES



Approx weight  
40kg

Approx weight  
38kg

Approx weight  
22kg

Approx weight  
20kg

### Buffalo Sports Pro Series Punching Bag



Made using top grade rip stop material. Clean rag filling fully compressed. Double stitched seams for extra durability. Seat belt webbing material for extra strength. D ring hooks enable bag to be easily hung. Extremely durable. Easily cleaned and wiped down. Ideal for gyms or home use.

|       |        |          |
|-------|--------|----------|
| 150cm | BDF099 | \$220.00 |
| 120cm | BDF030 | \$175.00 |
| 90cm  | BDF029 | \$108.90 |
| 75cm  | BDF021 | \$101.90 |



### Punch Bag Wall Bracket Fixed

Heavy gauge steel construction. Anti rust powder coated. Fixed position style. Recommended for brick constructions. Weight capacity: 30kg punch bag.

**BDF057 \$82.50**



### Snap Hook Swivel

2 x carabiner clips attached to a high rotation swivel. Weight capacity: 65kg punch bag.

**BDF053 \$16.50**



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## SPEEDBALLS & FLOOR TO CEILING BALLS



### Speedball Wallframe

- Laminated surface.
- 32mm board.
- To suit Buffalo Speedballs.
- Ball and swivel not included.
- Some assembly required.

**BDF112 \$108.90**



### Buffalo Sports Pro Series Leather Speedball

- Top grade genuine leather.
- 25cm size.
- Zip up style.
- Latex bladder

**BDF117 \$49.50**



### Speedball Swivel

ABS Nylon material. Replacement swivel as used with speedballs.

**BDF119 \$14.19**



### Buffalo Sports Pro Series Floor to Ceiling Bag

Enhance hand speed, accuracy and timing. Premium leather construction. Double stitched stems. Adjustable straps with clips. 30cm Ball size.

**BDF076 \$64.90**

### Floor to Ceiling Bag Replacement Straps

Floor to Ceiling Bag Replacement Straps. Requires basic installation.

**BDF082 \$16.39**



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# FITNESS TESTING, MEASUREMENT & CPR

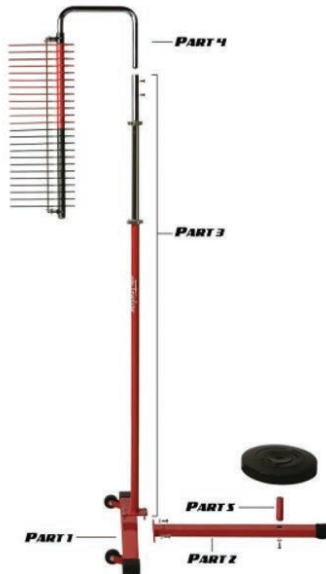
## WALL CHARTS



### Fitness Wall Charts - Laminated Paper

|                         |           |         |
|-------------------------|-----------|---------|
| Shoulders               | PHY035-SH | \$46.64 |
| Back                    | PHY035-BA | \$46.64 |
| Chest                   | PHY035-CH | \$46.64 |
| Arms                    | PHY035-AR | \$46.64 |
| Core                    | PHY035-CO | \$46.64 |
| Legs                    | PHY035-LE | \$46.64 |
| Kettlebells             | PHY035-KE | \$46.64 |
| Upper Body              | PHY035-UP | \$46.64 |
| Lower Body              | PHY035-LO | \$46.64 |
| Training Zone           | PHY035-TR | \$46.64 |
| Understanding Nutrition | PHY035-UN | \$46.64 |
| Muscle Groups           | PHY035-MU | \$46.64 |
| Medicine Ball           | PHY035-ME | \$46.64 |
| Resistance Bands        | PHY035-RE | \$46.64 |
| Suspension Training     | PHY035-SU | \$46.64 |
| Foam Rollers            | PHY035-FO | \$46.64 |
| Ladder Drills           | PHY035-LA | \$46.64 |
| Nutrition for Training  | PHY035-NU | \$46.64 |
| Exercise Swiss Ball     | PHY035-EX | \$46.64 |
| Warm Up and Cool Down   | PHY035-WA | \$46.64 |

## HEIGHT JUMP TESTERS



### Vertical Challenge Height Jump Tester

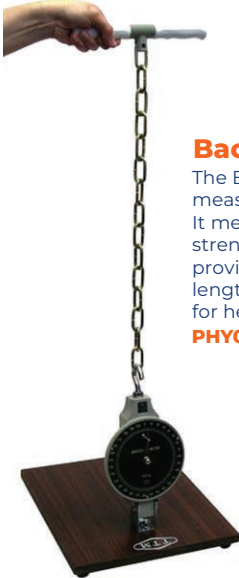
- Get a jump on the competition with the most affordable and accurate device on the market for measuring vertical jump!
- Telescopes from 4 to 12 feet
- Moveable veins placed at 1 Inch increments allow for accurate jump measurement
- Highest vein reached remains angled until jump reading is measured
- The heavy duty base is fitted with easy glide casters providing both stability and portability
- Vertical Challenger comes with handy reset pole
- 1 Inch veins are included with this unit
- Some assembly required
- Suitable for use with Buffalo Sports Weight Plates for anchoring (Sold separately)

**VERHEI \$789.00**

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## PHYSICAL TESTS



### Back Dynamometer

The Back dynamometer is used for measuring leg and back strength. It measures up to 300kg of pull strength. The measurement base provides secure footing. Chain length is adjusted to accommodate for height differences. Latex Free.

**PHY010 \$840.00**



### Shoulder and Arm Dynamometer

The Shoulder & Arm Dynamometer evaluates both the pressure and pulling power of the shoulder & arm. It measures up to 100kg of pull strength. Dynamometer evaluates both the pressure and pulling power of the shoulder & arm.

**PHY011 \$798.00**



### Harpenden Skinfold Caliper

The Harpenden Skinfold Caliper is a precision instrument designed for use in the performance of Skinfold thickness measurements.

**PHY019 \$619.00**



### Advanced Hand Dynamometer

The frame of this Advanced Hand Dynamometer is stronger and sturdier than previous versions, with the hand grip and general operation being smoother and more user friendly. Strength tester. Give accurate grip strength readings. Strong/sturd frame.

**PHY009 \$399.00**



### Portable Dry Spirometer

Measures vital capacity from which tidal volume and expiratory reserve volume can be calculated. Needle is reset after each reading by rotating dial. Includes 50 disposable mouthpieces.

**PHY003 \$330.00**



### Sit n' Reach Trunk Flexibility Box

Perform Sit n' Reach® tests with the sit and reach trunk flexibility test. Scales printed in inches and centimetres. Made of sturdy powder-coated metal construction with a built-in foot plate and a maximum stretch indicator that remains until reset.

**PHY006 \$330.00**

### 50 Mouthpieces For Portable Spirometer

You can easily demonstrate and measure these differences in your classroom with this accurate, easy-to-use, handheld, dry gas meter. It measures vital capacity, tidal volume, and expiratory reserve volume. Students can then calculate inspiratory reserve volume and inspiratory capacity from these values.

**PHY004 \$28.90**



# FITNESS TESTING, MEASUREMENT & CPR



## Multi Stage Fitness Test CD Beep Test

Multi Stage Fitness Test - CD Beep Test.  
20m shuttle run test.

**PHY002 \$42.90**



## Doctors Stethoscope

The Light Weight Stethoscopes feature single-lumen tubing, non-chill ring and patented soft-sealing eartips. Double-sided chestpiece gives you the option of a tunable diaphragm on the front or a traditional bell on the reverse. Navigate easily around blood pressure cuffs and critical body contours with the unique shape of the chestpiece.

**PHY014 \$33.00**



## Handy Height Scale

Fix the top portion of the unit into the wall 2 metres above the floor - screws provided. Pull the meter down onto individuals head & read the measurement. Ideal for taking consistent height measurements.

**PHY005 \$40.59**

## CPR MANIKINS



### Basic Buddy CPR Manikin

Basic Buddy CPR Manikin is a dramatic, inexpensive, and state-of-the-art manikin designed for teaching individuals or large groups the life-saving techniques of CPR. This manikin offers a realistic and affordable way to provide each student with their own CPR manikin.

**Single PHY032 \$349.00**

**Set of 5 with PHY033 \$1,469.00**  
carry bag.

### Basic Buddy Face Shields Lung Bags - Insertion Tools Pack of 100

The one-piece, disposable lung/mouth protection system makes training with the Basic Buddy manikin completely sanitary there is no risk of cross contamination and no need to sanitize the manikins after use. An insertion tool is used in combination with a manikin. It is used to insert lung bags into the manikin, which in turn provides a more realistic rise and fall of the manikin's chest.

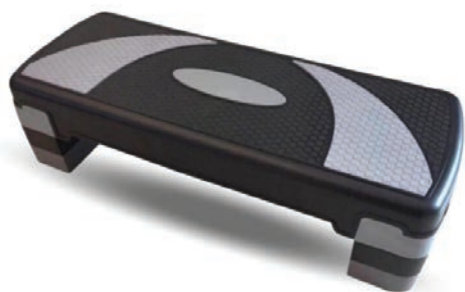
**PHY034 \$143.00**



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## AEROBIC STEPS



### Buffalo Sports Aerobic Stepper - Deluxe Model

The Buffalo Sports aerobic stepper is great for a wide variety of aerobic activities to improve general fitness and lung.

Anti Slip Surface. Adjustable from 10cm - 20cm.

3 Stage style. Perfect for aerobic workout.

78cm x 30cm x 10/20cm. Max loading - 200kgs.

**BDF124D \$49.90**

## FOAM ROLLERS



### Buffalo Sports Elite Foam Yoga Massage Rollers

Offers strong support - can bear up to 100kg. 3D massage floating point - provides deep tissue massage. Soft and elastic EVA foam surface - offers comfortable touch. PVC inner with EVA surface - nontoxic, hard wearing and durable. Ideal tool for yoga, pilates, balance training, fitness exercise, physiotherapy, etc. 33cm Length x 14cm. Colours may be chosen at random.

**EXE054 \$16.90**

## MINI TRAMPOLINE



### Mini Jogger Trampoline

Multiweave black PP jumping mat. PVC spring cover with foam pad insert for added protection. 6 Heavy duty legs. 32 steel springs. 38 Inch diameter. Max weight capacity: 100kg.

**EXE053 \$97.90**

## SKIPPING ROPES

### SKIPPING ROPE SIZE GUIDE

| 1.8m       | 2.1m        | 2.4m        | 2.6/2.7m    | 3m         | 4.5m   | 5m     | 9m     |
|------------|-------------|-------------|-------------|------------|--------|--------|--------|
| Up to 40cm | 140 - 150cm | 150 - 160cm | 160 - 180cm | Over 180cm | Groups | Groups | Groups |



### Buffalo Sports Leather Skipping Rope

Leather skipping rope. Neoprene foam handles for comfort.

|      |           |         |
|------|-----------|---------|
| 2.8m | FUN069    | \$15.29 |
| 2.3m | FUN069SMA | \$14.90 |



### Buffalo Sports HEART Skipping Rope

High grade PVC material. Ropes can be adjusted to any length simply by tying a knot at desired length. Ideal for school yard use. The 5m rope is ideal for group skipping. Measure the most suitable length by standing on a rope with two feet so the handles reach just under armpits. Ideal for group and team skipping.

|                    |        |        |
|--------------------|--------|--------|
| Purple Handles 9m  | FUN068 | \$9.79 |
| Yellow Handles 5m  | FUN067 | \$9.79 |
| Blue Handles 3m    | FUN066 | \$6.49 |
| Green Handles 2.4m | FUN021 | \$5.90 |
| Red Handles 2.6m   | FUN065 | \$5.90 |
| White Handles 2.1m | FUN064 | \$5.39 |



Purple Handles 9m



Yellow Handles 5m



Blue Handles 3m



Green Handles 2.4m



Red Handles 2.6m



White Handles 2.1m

### Buffalo Sports PVC Skipping Rope

High grade PVC material. Black handles. Ropes can be adjusted to any length simply by tying a knot at desired length. Ideal for personal fitness and school yard use. The 5m rope is ideal for group skipping.

|             |        |        |
|-------------|--------|--------|
| Green 4.5m  | FUN075 | \$5.39 |
| Blue 2.7m   | FUN074 | \$3.19 |
| Orange 2.4m | FUN073 | \$3.19 |
| Red 2.1m    | FUN072 | \$3.19 |
| Yellow 1.8m | FUN071 | \$3.19 |



Green 4.5m



Blue 2.7m



Orange 2.4m



Red 2.1m



Yellow 1.8m





## Buffalo Sports Skipping Rope Storage Tree

This strong and durable ball storage rack is made from high quality furniture grade PVC pipes with rounded safety fittings. Holds a large amount of skipping ropes easily. Easy to assemble.

**STO045 \$196.90**

## STOPWATCHES



### Buffalo Sports 898 Multi 100 Split Stopwatch

- Chronograph.
- Displays lap, split and total elapsed time.
- Measures up to 9 hours 59 min and 59.99 seconds, 1/100th of a second timing.
- Displays fastest (FS), slowest (SL) and average (AV) lap times.
- 100 recallable lap and split memory.
- Lap Counter.
- Splash-proof, can customize for water resistance.
- Timer.
- Presetable countdown timer, maximum 10 hours.
- Stop, auto-repeat or count-up modes.

**ATH077 \$69.90**



### Buffalo Sports 269 Stopwatch

- Large screen with 6 digit display.
- 12/24 hour system, Month, date, day, hour, minute, seconds, with PM indicator.
- 1/100 chronograph up to 24 minutes.
- Display of splits, 1/100 second resolution to 30 minutes, measures up to 24 hours.
- Large screen time display.
- Time, calendar, alarm and chime.
- 12/24 hours time format.
- AAA battery.
- Includes Lanyard.
- Size: 74.5\*62.8\*20mm.

**ATH081 \$15.90**



### Buffalo Sports 694 Stopwatch

- Displays lap, split and total elapsed time.
- 1/100 second, measure up to 9 hours 59 minutes and 59.99 seconds.
- Displays fastest (FS), slowest (SL) and average (AV) lap times.
- 30 recallable lap and split memory.
- Lap Counter.
- CR-2032 Lithium Battery.

**ATH078 \$38.50**



# GENERAL FITNESS EQUIPMENT



## Buffalo Sports Count Up/Count Down Bench Top Timer

Counts Up or Down up to 24 hours. Large 6 digit display. 12 or 24 hour display. Clock mode - hour, minute, seconds, with AM/PM flag. Countup and countdown feature. Easy to read and easy to set. Popular model for Aussie Rules and Netball clubs.

**ATH080 \$36.90**



## Buffalo Sports Metal Benchtop Count Up/Count Down Timer

Counts up or down. Ideal for Aussie rules and netball timing. Stainless steel metal faceplate with large digital LCD 6 digit display. Easy count up and count down with a super nap function. Counts up or down to 23:59:59. Loud alarm. Memory for frequently used settings. Free standing on bench or can be attached via magnet on back. Operates on 1 x AAA battery included.

**ATH228 \$21.90**



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# RESISTANCE BANDS & TUBES



## Buffalo Sports Resistance Tube Multi Set - 11pcs

- Easily create over 30 different resistance levels by attaching 1,2,3,4 or all 5 bands to the handles.
- Designed for aerobic and anaerobic exercise, physical fitness and weight loss.
- Can effectively build muscle, strength and tone the body.
- Ideal for toning while at home, keeping fit while travelling and outdoor use.

### Set includes

Resistance bands x 5pcs (1pc each of 10,15,20,25,30 lbs resistance levels, 2 x Handles, 1 x Door Anchor, 2 x Ankle Strap, 1 x Carry Bag.

**EXE122 \$29.90**



## Buffalo Sports Resistance Tube with Handles

Resistance tubing is a great way to perform strength training at home or on the go. Perfect for rehaband muscle toning. Ideal for travel or work. Simple to use. Available in 5 different resistance levels. High quality tube with comfortable foam handles.

|                                 |               |                |
|---------------------------------|---------------|----------------|
| <b>13.6kg Extra Heavy Black</b> | <b>EXE121</b> | <b>\$10.89</b> |
| <b>11.4kg Heavy Blue</b>        | <b>EXE120</b> | <b>\$10.89</b> |
| <b>9.1kg Medium Red</b>         | <b>EXE119</b> | <b>\$10.89</b> |
| <b>6.8kg Light Green</b>        | <b>EXE118</b> | <b>\$10.89</b> |
| <b>4.5kg Extra Light Yellow</b> | <b>EXE117</b> | <b>\$10.89</b> |



**13.6kg Extra Heavy Black**

**11.4kg Heavy Blue**

**9.1kg Medium Red**

**6.8kg Light Green**

**4.5kg Extra Light Yellow**

**Band tension chart**  
Choose your suitable band

|  |                |             |
|--|----------------|-------------|
|  | <b>5-8LB</b>   | Light       |
|  | <b>8-13LB</b>  | Light       |
|  | <b>13-18LB</b> | Medium      |
|  | <b>18-23LB</b> | Heavy       |
|  | <b>23-28LB</b> | Extra Heavy |

## Buffalo Sports Resistance Bands

Ideal for Rehab, Physiotherapy or general muscle toning. Made from heavy duty Latex rubber. Can effectively build muscle, strength and tone the body. Ideal for toning while at home, keeping fit while travelling and outdoor use. Available in 5 different resistance levels.

### Approximate resistance levels are:

Extra Light - Green - 2 to 4.5kg  
Light - Blue- 4.5 to 7kg  
Medium - Yellow - 7 to 9kg  
Heavy - Red - 11 to 13kg  
Extra Heavy - Black - 13 to 18kg



|                                |                    |                |
|--------------------------------|--------------------|----------------|
| <b>Extra Light</b>             | <b>EXE155-EXLI</b> | <b>\$2.90</b>  |
| <b>Light</b>                   | <b>EXE155-LI</b>   | <b>\$2.90</b>  |
| <b>Medium</b>                  | <b>EXE155-ME</b>   | <b>\$2.90</b>  |
| <b>Heavy</b>                   | <b>EXE155-HE</b>   | <b>\$2.90</b>  |
| <b>Extra Heavy</b>             | <b>EXE155-EXHE</b> | <b>\$2.90</b>  |
| <b>Complete Set of 5 Bands</b> | <b>EXE155-SET</b>  | <b>\$11.90</b> |



## AGILITY POLES



### Buffalo Sports Deluxe Spring Back Agility Pole

2 Piece style enables easy storage and transport. 1.8m height. Spring rubberized base with internal spring system. Heavy duty 25mm diameter pole. Available in Fluro Yellow or Orange.

|        |           |         |
|--------|-----------|---------|
| Yellow | RUG034-YE | \$21.89 |
| Orange | RUG034-OR | \$21.89 |

#### 10 Pack with Bag

|        |                  |          |
|--------|------------------|----------|
| Yellow | RUG034-10PK-YE-B | \$245.00 |
| Orange | RUG034-10PK-OR-B | \$245.00 |

#### 10 Pack without Bag

|        |                |          |
|--------|----------------|----------|
| Yellow | RUG034-10PK-YE | \$218.90 |
| Orange | RUG034-10PK-OR | \$218.90 |



### Buffalo Sports Indoor Agility Pole

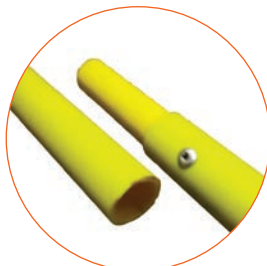
Ideal for Use on Indoor or Synthetic Surfaces. Rubber Base with 2 different slots for Poles. Post size is 154cm. The unique base enables the post to be either vertical or on an angle.

**RUG080 \$25.90**

### Buffalo Sports 2 Piece Agility Pole

2 piece agility pole. Spiked base. Comes apart in center to easily fit into a car or storage bag. Available in Fluro Yellow or Orange. 1.5m height.

|        |           |         |
|--------|-----------|---------|
| Yellow | RUG081-YE | \$16.39 |
| Orange | RUG081-OR | \$16.39 |



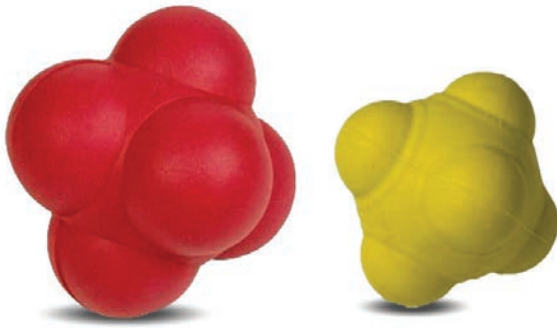
### Agility Pole Storage Bag

Heavy duty nylon with handles. Holds up to 15 poles when in 2 Piece. Velcro handle. 124cm x 20cm x 20cm.

**RUG083 \$27.90**



## REACTION BALLS



### Buffalo Sports Reaction Ball

Multi sided ball. 6 sides ball. High quality material. Ball will bounce in a completely unpredictable pattern. Easy to catch for beginners and elite users.

|                   |               |               |
|-------------------|---------------|---------------|
| <b>10cm Large</b> | <b>EXE014</b> | <b>\$5.39</b> |
| <b>7cm Small</b>  | <b>EXE013</b> | <b>\$3.19</b> |

## RESISTANCE & AGILITY TRAINING



### Speed Chute

Ultimate training device for improving speed, strength and resistance. Could be used without a partner. Just wear the belt & chute is ready to use.

**EXE006**      **\$42.90**



### Speed Resistor

Nylon harness with padded shoulder strap & nylon webbing. Adjustable belt fits any size. Comes in carry bag.

**EXE005**      **\$26.40**



### Speed Harness

Nylon harness with padded shoulder strap & foam covered PVC handle. Harness fits into storage bag. Long webbing. Adjustable fits any size. Comes packed in a bag.

**EXE005**      **\$31.90**



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# SPEED & AGILITY EQUIPMENT



## Evasion Belt

Two nylon belts joined together with velcro. Attacker tries to loose defender. One size fits all. Improves agility.

**EXE007 \$14.90**

## SPEED LADDERS



### Buffalo Sports Speed Agility Ladder Flat Style

Heavy duty shatter proof flat plastic rungs. Seatbelt style webbing side material. Clips on ends enable ladders to be lengthened. Ideal for use on grass or synthetic grass. Available in 4m or 8m

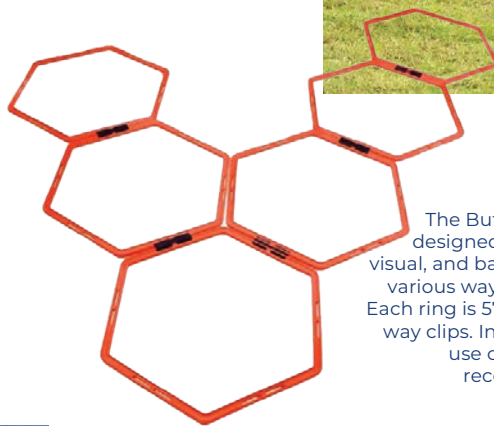
**8m EXE072 \$48.40**  
**4m EXE071 \$31.90**



### Buffalo Sports Hexagonal Agility Ring Set

The Buffalo Sports Octagonal Agility Rings are designed to help players concentrate on speed, visual, and balance training drills. Can be connected various ways to create multi layered training drills. Each ring is 57 x 50cm. Set of 6 rings including 6 two way clips. Includes handy mesh carry bag. Ideal for use on grass or synthetic grass surface. Not recommended for use on slippery surfaces.

**SPERINSET \$35.90**



### Buffalo Sports Speed Agility Ladder Round Style

Heavy duty shatter proof round plastic rungs. Seatbelt style webbing side material. Clips on ends enable ladders to be lengthened. Ideal for use on grass or synthetic grass. Available in 4m or 8m.

**8m EXE001 \$48.40**  
**4m EXE002 \$26.40**



# SPEED & AGILITY EQUIPMENT



## Speed Ladder Plastic 4 colour 8m

Multi Coloured Adjustable Ladder. 8 metres

**EXE083 \$29.00**



## Buffalo Sports Nylon Flat Agility Speed Ladder

Lightweight nylon webbing rungs. Seatbelt style webbing side material. Joinable ends enable ladders to be lengthened. Ideal for use Indoors in gyms, outdoors on any surface. Prevents ankle injuries.

Available in 4m or 8m

**8m EXE004 \$31.90**

**4m EXE003 \$20.90**

## SPEED SLEDS



## Buffalo Sports Speed Sled - Standard

Multi straight line and strength improvement device. Improves sprinting speed and power. Designed to develop powerful legs. Weights may be added to increase resistance. Includes sled, heavy duty harness and connecting lead. Pole for weights diameter is 25mm x 13cm high. Size: 68cm x 41cm.

**SSLED001 \$97.90**



## Buffalo Sports Speed Sled - Deluxe

Heavy duty model. Multi straight line and strength improvement device. Improves sprinting speed and power. Designed to develop powerful legs. Weights may be added to increase resistance. Includes sled, heavy duty harness and connecting lead. Suitable for use with Olymoic size hole plates 50mm.

**SSLED002 \$119.00**

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# SPEED & AGILITY EQUIPMENT

## QUICK STEP HURDLES



### Buffalo Sports Quick Step Adjustable Mini Hurdle - 15cm to 30cm

Adjustable training hurdle. Adjusts 6" to 12" (15cm to 30cm). High quality plastic. Ideal for speed and agility training. Sold per individual hurdle.

EXE012 \$16.39



### Buffalo Sports Quick Step Mini Hurdles

Strong plastic construction. Available in 30cm, 23cm, 15cm. Bright neon colours. Sold per individual hurdle

|      |        |         |
|------|--------|---------|
| 30cm | EXE011 | \$11.99 |
| 23cm | EXE010 | \$10.89 |
| 15cm | EXE009 | \$9.79  |



### Buffalo Sports Flat Quick Step Mini Hurdles

Measuring at 15cm in height and 45cm in width, these hurdles offer the ideal dimensions for a variety of training drills and exercises. Whether you're working on agility, speed, or coordination, these hurdles are versatile enough to meet your needs.

|      |             |        |
|------|-------------|--------|
| 30cm | MIHURFLA-30 | \$7.50 |
| 23cm | MIHURFLA-23 | \$6.50 |
| 15cm | MIHURFLA-15 | \$6.00 |



### Buffalo Sports Mini Hurdle Carry Bag

Can easily hold up to 10 x 12 Inch Quick Step Mini hurdles. Can fit other equipment such as ladders, domes inside. 60cm Long x 30cm Wide x 35cm High. Zip out front. Breathable mesh area for wet goods. Nylon construction with carry strap and zip.

EXE082 \$19.90







## Buffalo Sports Standard Swiss Ball

Swiss balls are a great way to build and tone muscles. Great for recovery. Builds posture. Strengthens core. Available in 55, 65, 75, 85cm. Please note colours are assorted and will be selected randomly.

|      |        |         |
|------|--------|---------|
| 55cm | EXE077 | \$16.90 |
| 65cm | EXE078 | \$16.90 |
| 75cm | EXE079 | \$16.90 |
| 85cm | EXE080 | \$16.90 |

## Big Ball Caddy Swiss Ball Storage Rack

This strong and durable ball storage rack is made from high quality furniture grade PVC pipes with rounded safety fittings. Moves easily on heavy-duty casters with rubber wheels. Easily fits through narrow doorways. Low center of gravity and wide base prevents tipping. Holds up to 9 Swiss Bals or High Hoppers (Not included). Easy to assemble.

**STO047 \$219.00**



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# WEIGHT TRAINING

## BARBELL SETS

### Buffalo Sports Hammer 55 Kg Barbell & Dumbbell Set

29mm Bore hole. Tri Grip style enables easy handling for a range of fitness training. High quality cast iron. Hammertone enamel coating.

#### Set Includes

4 x 1.5kg plates, 6 x 2.5kg plates, 4 x 5kg plates, 1 x 1.8m Barbell with collars, 2 x Dumbbell Handles with spinlock collars.

**WEIG503 \$239.00**



### Buffalo Sports Alpha Barbell and Dumbbell Set

Weight plates have 26mm hole. Suitable for use with 25/24mm Diameter Bars.

#### 52kg Set

##### Set Includes

1 x 1800mm Bar with spinlock collars, 2 x Dumbbell handles with spinlock collars, 8 x 1.25 kg plates, 6 x 2.5 kg plates, 4 x 5 kg plates.

**WEIG550 \$209.00**

#### 48kg Set

##### Set Includes

1 x 1800mm Bar with spinlock collars, 2 x Dumbbell handles with spinlock collars, 8 x 1.25 kg plates, 4 x 2.5 kg plates, 4 x 5 kg plates.

**WEIG48K \$199.00**

#### 42kg Set

##### Set Includes

1 x 1800mm Bar with spinlock collars, 2 x Dumbbell handles with spinlock collars, 4 x 1.25 kg plates, 4 x 2.5 kg plates, 4 x 5 kg plates.

**WEIG42K \$179.00**

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## DUMBBELLS

### Buffalo Sports Alpha Dumbbell Set

Weight plates have 26mm hole. Suitable for 25mm diameter bars. All new ABS handle with rubberized textured grip. High quality cast iron material. Perfect for building muscle and toning the body. 



#### 35kg Set

##### Set Includes

2 x spin lock dumbbell handles,  
4 x 1.25kg plates, 4 x 2.5kg plates,  
4 x 5kg plates.

**WEIG35KG**

**\$139.00**

#### 20kg Set

##### Set Includes

2 x spin lock dumbbell handles,  
8 x 1.25kg plates  
4 x 2.5kg plates

**WEIG520**

**\$69.90**

#### 15kg Set

##### Set Includes

2 x Dumbbell handles with spinlock collars,  
4 x 2.5 kg plates  
4 x 1.25 kg plates

**WEIG515**

**\$59.00**

### Buffalo Sports Alpha Dumbbell Handles - 25mm

- Suits 24/25mm hole size Plates
- Includes spin lock collars
- Sold per pair (2 x handles)
- Each Handle is 40cm long
- Made from strong ABS material with internal rod.

**WEIG540**

**\$16.50**



### Buffalo Sports Hammer 20kg Dumbbell Set

29mm bore hole on plates. Cast iron with Hammertone paint. Ideal for toning upper body and developing strength. Weights can be adjusted accordingly.

##### Set Includes

2 x spin lock dumbbell handles.  
28mm Diameter bars.  
4 x 1.5kg and 4 x 2.5kg Tri Grip Plates.

**WEIG504**

**\$75.90**



### Buffalo Sports Dumbbell Handles - 28mm

- Suits 29mm hole size Plates
- Includes spin lock collars
- Sold per pair (2 x handles)
- Each Handle is 40cm long

**WEIG501**

**\$34.50**



# WEIGHT TRAINING

## Buffalo Sports Vinyl Dipped Dumbbells - Pair

Sold per pair. High quality cast iron. Vinyl dipped. Easily cleaned. Ideal for home or gym use. Non slip coating. Phthalate free material. Flat ends so they wont roll away.

|     |         |         |
|-----|---------|---------|
| 5Kg | WEIG113 | \$53.99 |
| 4Kg | WEIG021 | \$42.99 |
| 3Kg | WEIG020 | \$38.90 |
| 2Kg | WEIG019 | \$25.90 |
| 1Kg | WEIG017 | \$15.30 |



## REGULAR WEIGHT PLATES

### Buffalo Sports Hammer Tri Grip Weight Plates - 29mm Hole

29mm Bore hole. Tri Grip style enables easy handling for a range of fitness training. High quality cast iron. Hammertone enamel coating. Sold per individual plate. Suitable for use with the Buffalo Sports Hammer Barbell range.

|      |         |         |       |         |         |
|------|---------|---------|-------|---------|---------|
| 25Kg | WEIG067 | \$86.90 | 7.5Kg | WEIG007 | \$25.90 |
| 20Kg | WEIG010 | \$84.90 | 5Kg   | WEIG006 | \$16.90 |
| 15Kg | WEIG009 | \$49.90 | 2.5Kg | WEIG005 | \$8.50  |
| 10Kg | WEIG008 | \$43.90 | 1.5Kg | WEIG004 | \$4.95  |





## Buffalo Sports Alpha Weight Plates - 26mm Hole

26mm bore hole size. Suitable for 25/24 mm diameter bars. Heavy duty cast iron. Sold per Individual plate. Suitable for use with the Buffalo Sports Alpha barbell range. Colour may vary from Black to Grey.

10Kg WEIG510 \$39.90  
5Kg WEIG555 \$18.70

2.5Kg WEIG525 \$9.35  
1.25Kg WEIG125 \$4.70



10Kg



5Kg



2.5Kg



1.25Kg

## REGULAR BARBELLS



### Buffalo Sports 1.8m Hammer Barbell

Solid chromed steel construction. 1800mm length. Suits 28/29mm bore hole weights. Includes spring lock collars. Knurling for non slip handling. Suitable for use with the Buffalo Sports Hammer weight range.

WEIG002 \$69.00



### Buffalo Sports 1.5m Hammer Barbell

Solid chromed steel construction. 1500mm length. Suits 28/29mm bore hole weights. Includes spring lock collars. Knurling for non slip handling. Suitable for use with the Buffalo Sports Hammer weight range.

WEIG001 \$59.90



### Buffalo Sports Hammer EZ-Curl Barbell

The Ez Curl bar is a great tool for a wide variety of training. Solid chromed steel construction. 1200mm length. Suits 28/29 mm bore hole weights. Includes collars. Knurling for non slip handling. Suitable for use with the Buffalo Sports Hammer weight range.

WEIG003 \$46.20



### Buffalo Sports Spring Lock Collars

- Spring Lock Style Collars.
- To suit 28mm bars.
- Sold per Pair.

WEIG502 \$12.90

# WEIGHT TRAINING



## Buffalo Sports Alpha EZ-Curl Barbell

The Ez Curl bar is a great tool for a wide variety of training. Solid chromed steel construction. 1200mm length. Suits 24/25/26 mm bore hole weights. Includes spinlock star collars. Knurling for non slip handling. Suitable for use with the Buffalo Sports Alpha weight range.

**WEIG512 \$66.00**

## Buffalo Sports 1.8m Alpha Barbell

Solid chromed steel construction. 1800mm length Suits 24/25/26 mm bore hole weights. Includes spinlock star collars. Knurling for non slip handling. Suitable for use with the Buffalo Sports Alpha weight range

**WEIG518 \$69.00**



# OLYMPIC WEIGHT PLATES & BARS

## Buffalo Sports Elite Tri Grip Olympic Weight Plates

Made from heavy duty rubber coated steel with inner steel ring. Unique Tri Grip enables use for a variety of exercises. Ideal for home, School, Club use. Olympic size 50mm hole. Sold per individual plate.

|                                                |                |                 |
|------------------------------------------------|----------------|-----------------|
| <b>25Kg</b><br>41cm diameter x 5cm thickness.  | <b>OLY25KG</b> | <b>\$218.90</b> |
| <b>20Kg</b><br>40cm diameter x 5cm thickness.  | <b>OLY20KG</b> | <b>\$179.00</b> |
| <b>15Kg</b><br>37cm diameter x 4cm thickness.  | <b>OLY15KG</b> | <b>\$141.90</b> |
| <b>10Kg</b><br>32cm diameter x 4cm thickness.  | <b>OLY10KG</b> | <b>\$86.90</b>  |
| <b>5Kg</b><br>27cm diameter x 3.5cm thickness. | <b>OLY5KG</b>  | <b>\$42.90</b>  |





## Toaster Rack

- Storage for Olympic style plates.
- Heavy Duty Model

**WEIG201 \$429.00**



## Buffalo Sports Olympic Barbell Mens 20kg

- Suitable for olympic lifting or general weight training.
- Comfortable knurlings.
- Loading capacity 500kgs.
- 28mm Diameter bar thickness.
- 2.2m Length.
- 20kg Weight.
- Alloy steel with chrome coating.
- Needle bearings and brass bushings.

**WEIG106 \$259.00**



## Buffalo Sports Olympic Collars - Each

- Cast iron collars
- Sole per individual collar
- For use with Olympic size 50mm bars

**WEIG108 \$29.00**

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# WEIGHT TRAINING

## KETTLEBELLS

### Buffalo Sports Elite Kettlebells

2Great for combining a wide range of strength training and fitness training for a variety of exercises. Burn fat and tone muscles at the same time. Great for presses, swings, carries. More versatile than a traditional dumbbell set.

Heavy duty Cast Iron. Vinyl Coating is great for preventing damage to floors. Easily Cleaned.

|      |        |          |      |        |         |
|------|--------|----------|------|--------|---------|
| 24Kg | EXE116 | \$146.90 | 10Kg | EXE112 | \$65.89 |
| 20Kg | EXE115 | \$119.90 | 8Kg  | EXE111 | \$49.39 |
| 16Kg | EXE114 | \$98.90  | 6Kg  | EXE110 | \$39.49 |
| 12Kg | EXE113 | \$82.39  | 4Kg  | EXE109 | \$29.59 |



24Kg

20Kg

16Kg

12Kg

10Kg

8Kg

6Kg

4Kg

## MEDICINE BALLS

### Buffalo Sports Double Grip Medicine Ball

Double handles allow use for a variety of modified exercises. Heavy duty rubber material. Ideal for Commercial gyms or personal use. Textured surface for improved grip. Perfect for use Indoors or outdoors. Ideal for group training. Each weight is colour coded for easy identification.

|     |        |          |
|-----|--------|----------|
| 7Kg | EXE052 | \$107.80 |
| 8Kg | EXE036 | \$83.49  |
| 3Kg | EXE034 | \$54.89  |



7Kg

5Kg

3Kg



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## Buffalo Sports Rubber Medicine Ball

Heavy duty rubber material. Ideal for Commercial gyms or personal use. Textured surface for improved grip. Perfect for use Indoors or outdoors. Ideal for group training. Each weight is colour coded for easy identification.

|      |        |          |     |        |         |     |        |         |
|------|--------|----------|-----|--------|---------|-----|--------|---------|
| 13Kg | EXE075 | \$119.00 | 8Kg | EXE029 | \$90.09 | 4Kg | EXE025 | \$54.90 |
| 11Kg | EXE073 | \$109.89 | 7Kg | EXE028 | \$81.90 | 3Kg | EXE024 | \$48.90 |
| 10Kg | EXE031 | \$105.49 | 6Kg | EXE027 | \$75.90 | 2Kg | EXE023 | \$35.90 |
| 9Kg  | EXE030 | \$98.90  | 5Kg | EXE026 | \$59.90 | 1Kg | EXE022 | \$28.90 |



### Medicine Ball Storage Rack

- Holds 8 Medicine Balls.
- Powder coated steel
- Easy to assemble
- Flat packed

EXE076 \$159.00



# WEIGHT TRAINING

## ANKLE WEIGHTS



### Buffalo Sports Ankle Weights

Adjustable strap. Nylon cover.

|                       |         |         |
|-----------------------|---------|---------|
| 4kg (2 x 2kg Weights) | WEIG505 | \$49.90 |
| 2kg (2 x 1kg Weights) | WEIG506 | \$29.70 |

## GLOVES



### Buffalo Sports Elite Weight Lifting Gloves

High quality leather palm with enhanced grip tread.  
Neoprene back for comfort. Adjustable velcro strap  
Ideal for all types of weight training to protect hands.  
Available in Sizes XS - XXL.

|     |             |         |
|-----|-------------|---------|
| XS  | WEIG118-XS  | \$21.89 |
| S   | WEIG118-S   | \$21.89 |
| M   | WEIG118-M   | \$21.89 |
| L   | WEIG118-L   | \$21.89 |
| XL  | WEIG118-XL  | \$21.89 |
| XXL | WEIG118-XXL | \$21.89 |

## BELTS



### Buffalo Sports Weight Lifting Belt

- Top grade leather belt.
- Adjustable waist size.
- Sizes XS - XXL.

|     |             |         |
|-----|-------------|---------|
| XS  | WEIG116-XS  | \$31.90 |
| S   | WEIG116-S   | \$31.90 |
| M   | WEIG116-M   | \$31.90 |
| L   | WEIG116-L   | \$31.90 |
| XL  | WEIG116-XL  | \$31.90 |
| XXL | WEIG116-XXL | \$31.90 |



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## Buffalo Sports Balance Ball Trainer with Handles

This 58cm Yoga ball stability trainer is the perfect companion for yoga exercise and pilates routines and is also great for core strengthening exercises.

- Anti-burst material - PVC and ABS
- Mill finish
- Non-toxic
- Weight - 5.85kg

**EXE057 \$108.90**



## Personal Gym Mat 1830 x 610 x 25mm

- Heavy duty Nylon cover
- PE Foam.
- Ideal for personal exercise, PT Training, Pilates.
- Handy hanging straps enable easy storage.
- 1830 x 610 x 25mm.

|       |           |         |
|-------|-----------|---------|
| Red   | GYM057-RE | \$25.00 |
| Blue  | GYM057-BL | \$25.00 |
| Green | GYM057-GR | \$25.00 |



## Buffalo Sports Yoga Stability Balance Pad

- The Buffalo Sports Yoga Stability Disc is inflatable and made of anti-burst PVC.
- It can be used anywhere and any time you want to intensify your workouts, whether it's yoga, Pilates, or ab exercises. Using this cushion helps strengthen your deep core muscles as the body constantly adjusts to maintain its balance.
- It can also be used as a lumbar support cushion. Reap the core strengthening and posture benefits by sitting on it or keeping it behind your back as you work throughout the day.
- You can also choose between the two textured sides, which prevent the disc from slipping while also giving you the sensation of a massage.
- The stability disc is lightweight and travel-friendly, so you can bring it with you to the office, park, or gym.
- 33cm x 7cm
- Colours may be chosen at random

**EXE056 \$19.90**



## Buffalo Sports Yoga Mat 173cm x 61cm x 8mm

- Non Slip surface
- Waterproof.
- Easy to wash.
- Rolls up easily.
- Durable PVC material.
- Indoor or Outdoor use.
- 173cm x 61cm x 8mm size

**Blue GYM052-BLU \$19.90**



## Foam Yoga Block

Aids in improving yoga stretches and poses. Helps increase both flexibility and proper alignment. Especially assists those just starting out with yoga. Materials: EVA Foam. Blue Colour. Size: 23cm x 15 cm x 8cm.

**FOYOBL \$8.90**



## Buffalo Sports Half Massage Ball

Ideal for use in the back, buttocks, feet and hands zones. It is suitable for all people, especially the children with dyskinesia, balance training athletes, yoga lovers, office people and people standing for a long time.

Material: Heavy Duty PVC

Product size: 16cm x 8cm

Net weight: 250g

Sold per Individual Unit.

Colours chosen from random

**EXE055**

**\$8.90**

## Buffalo Sports 3 in 1 Soft Plyometric Box

- Solid foam construction ensures stability, even at the tallest height.
- Safe to use on various surfaces.
- High-density foam offers firm support while remaining gentle on impact.
- Ideal for a range of exercises including box jumps, push-ups, and lunges.
- 3 Heights: 50cm, 60cm, and 75cm .

**PLYBOX \$329.00**

