

## REPRODUCTIVE WELLNESS, DELIVERED

Reproductive wellness and male energy are dependent on many factors including optimal hormonal balance (testosterone and estrogen) and stress tolerance (cortisol and adrenal function). Male Vitality+ provides a complex support protocol of specific nutrients and co-factors.

### So, How Does Male Vitality+ Work?

Many of the ingredients in our formula boost numerous pathways to improve fertility. Male Vitality+ addresses both nutritional inadequacy as well as the increased requirements and resulting depletion caused by lifestyle and environmental factors.



**Ashwagandha** and **Shilajit Gum Extract** along with **Zinc** have been associated with improvement in testosterone levels and a reduction in perceived stress. All of the forms of these actives used in our formulation have been clinically evaluated and published for these effects.



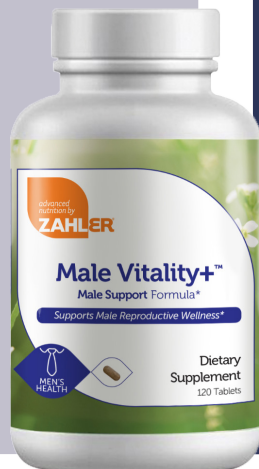
**Acetyl-L-Carnitine**, **Folate**, **Co Q-10**, **Methyl B12** and activated **Vitamin B6**, as well as natural non-GMO **Vitamin E** support improvement in sperm motility and energy.



Protection from oxidative damage is supported with **Lycopene**, **Glutathione**, **Co Q-10**, **Selenium**, **Vitamin E**, **Zinc**, **Vitamin C** and **Beta Carotene**.



Hormonal Detoxification is supported by **DIM**, **Glutathione** and **Selenium**, as excessive estrogens are potentially toxic to sperm.



### WHY SUPPORT IS NEEDED

Male fertility is a generational challenge and likely the result of a variety of factors including nutritional inadequacies, increased biochemical, physiological and perceived stress, as well as some lifestyle changes such as decreased activity and changes in food quality. Male Vitality+ is a complex formulation designed to support hormonal health, improve detoxification, and provide specific support for sperm quality, energy, motility and protection, as well as improve seminal fluid quality.

### KEY BENEFITS

- **Vitamin A** supports healthy seminal fluid and sperm
- **Vitamin D** supports spermatogenesis and function
- **Vitamin E** protects lipids from oxidation, demonstrated to improve motility and outcomes
- **Vitamin C** works with Vitamin E and improves motility
- **Vitamin B6** supports spermatogenesis and energy
- **Vitamin B12** is a key energy substrate and works with other ingredients
- **Folate** improves motility and spermatogenesis
- **Zinc** improves motility spermatogenesis, supports testosterone levels
- **L-Glutathione** supports semen and sperm quality, has antioxidant benefits, and is an active metabolite of NAC that has shown better outcomes
- **Selenium** is essential for healthy sperm development and helps protect sperm from oxidation and toxic metals
- **Lycopene** protects sperm from oxidative stress, supports improved sperm concentration, and is associated with improved outcomes
- **Acetyl-L-Carnitine** is a key energy substrate, improves sperm quality and motility
- **Co Q-10** is a key energy substrate, improves sperm quality and motility
- **Ashwagandha** reduces stress (cortisol) and supports testosterone levels and vitality
- **Shilajit Gum Extract** improves testosterone levels, increases uptake of the other active ingredients
- **DIM** inhibits aromatase enzymes, minimizes estrogens, and supports testosterone levels

