

## Aging In Place – Final Exam

- Limited mobility can result in \_\_\_\_\_ and \_\_\_\_\_.**
  - Failure to make health appointments, avoiding grocery shopping
  - A sedentary lifestyle, no continued interest in golf
  - Avoidance of visitors, loss of interest in family meals
  - Increased fixation on herbal supplements, replacement of a primary physician
- \_\_\_\_\_ is one of the expected phases of the aged coming to terms with a need for change.**
  - Despair
  - Eagerness to move to the next phase in life
  - A reasonable budget incorporating costs for renovations
  - Pondering
- If life is to be lived as fully as before, public transportation will become important when \_\_\_\_\_.**
  - The cost of driving outweighs the benefits
  - The ability to park at typical destinations has become prohibitively expensive
  - The task of driving has become impossible
  - The physical condition of deteriorating roads results in too many repairs to residents' cars
- How wide do sidewalks need to be before two wheelchairs can pass one another?**
  - 3 feet
  - 4 feet
  - 5 feet
  - 6 feet
- Using outside lighting focused specifically where needed effectively creates \_\_\_\_\_.**
  - Task lighting
  - Universal illumination
  - High contrast areas
  - Lower utility expenses
- Outdoor gathering areas should not be placed on \_\_\_\_\_.**
  - Concrete with broom finishes
  - Plazas with flowering bushes
  - Surfaces known to retain heat
  - Sloped surfaces
- Plants that \_\_\_\_\_ should be located well away from points of entry.**
  - Produce poisonous berries
  - Attract bees
  - Have thorns
  - Stay compact as they grow
- Raised planters in gardens should not \_\_\_\_\_.**
  - Be too wide to reach across with a wheelchair
  - Contain plants that cross pollinate
  - Be made from base materials which rot
  - Be cost prohibitive to construct
- Large maps posted outdoors are considered as a component of \_\_\_\_\_.**
  - Establishing neighborhood boundaries
  - Wayfinding
  - Marking political districts
  - Locating available real estate
- A cat box \_\_\_\_\_ makes changing kitty litter easier for the elderly**
  - With an attached scoop
  - With a lid to control pet access
  - Already inside a trash container
  - On a raised platform
- If possible, \_\_\_\_\_ should be eliminated leading to entries of homes.**
  - Doors containing keyed access
  - Wind chimes
  - Steps
  - Parking spaces
- Color, large text and large graphics are all considered useful for \_\_\_\_\_.**
  - Establishing interior decorating themes
  - Warning intruders
  - Flooring surfaces
  - Interior wayfinding
- In an age of junk mail, \_\_\_\_\_ are a useful addition to mail rooms.**
  - Recycling bins
  - Shelves for sorting
  - Receptacles for packages
  - Armed guards
- Appliances in common laundry areas should be grouped by \_\_\_\_\_.**
  - Function
  - Process
  - Shape
  - Height
- A separate area should be provided for part of the general population to \_\_\_\_\_ in comfort.**
  - Jog in loose clothing
  - Dance
  - Smoke
  - Practice yoga

16. An area considered minimal for turning around in a wheelchair has \_\_\_\_\_.
- Hard surfaces for flooring
  - A clear five-foot radius
  - Grab bars to assist in rotation
  - No raised areas within it
17. \_\_\_\_\_ is a side benefit of opening and freeing up space.
- Clear lines of sight
  - Space in which to place more furniture
  - Creation of an echo chamber
  - An ability to utilize a pull-out sofa
18. Thresholds at entries to homes should be \_\_\_\_\_ if possible.
- Flush
  - Made only of synthetics
  - Plastic
  - Water repellent
19. \_\_\_\_\_ make it possible to receive small deliveries without opening the front door.
- Dual height peepholes
  - Pre-paid delivery options
  - Staff on duty
  - Locked drop boxes
20. Frequently used items should be on shelving, no lower than \_\_\_\_\_ and no higher than \_\_\_\_\_.
- Lap height, head height
  - 24", 57.5"
  - Counter height, eye level
  - Waist level, shoulder level
21. The primary means of bathing for the elderly is \_\_\_\_\_.
- Sponge bathing
  - Entry level tub with a sealing door
  - In a shower
  - With assistance from an aide
22. The best cabinet hardware for use with arthritic hands is \_\_\_\_\_.
- Loop cabinet pulls
  - Round knobs
  - Drawers with no pulls
  - Bar pulls
23. Any place where they are in proximity to water, power outlets should be \_\_\_\_\_.
- At least 48" above the floor and 12" above a counter
  - On a GFI circuit
  - Well lit and easily located at night
  - Connected to an audible alarm
24. The minimum clear width needed in a residential hallway is \_\_\_\_\_.
- 48"
  - 32"
  - 36"
  - 39" if chair is motorized
25. The best wall to modify when creating wider hallways is one that \_\_\_\_\_.
- Is not load bearing
  - Has the fewest doors to replace
  - Has the fewest outlets on it
  - Is the furthest from the HVAC grilles
26. \_\_\_\_\_ is the minimum recommended length of landings at the ends of ramp slopes.
- 48"
  - Twice the ramp width
  - 60"
  - One and one half the ramp width
27. Drop down or drop in bars to limit opening operations of windows can conflict with \_\_\_\_\_.
- Fresh air intake
  - The use of tempered glass
  - The normal operation of locking windows
  - Local fire regulations
28. Approaching an opening straight on, \_\_\_\_\_ inches of clear opening is needed for wheelchair passage.
- 34
  - 36
  - 32
  - 31.5
29. It is a good idea to provide our elders with \_\_\_\_\_.
- Personal protection devices such as mace
  - Lessons in self-defense
  - Personal emergency alert systems
  - Maps showing clear directions home
30. \_\_\_\_\_ should be included on any alert devices used to signal for help.
- An extra battery for emergency use
  - A small flashing light
  - GPS positioning
  - Personal identification of the user

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