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Lyndsay Tessier
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WHAT'S NEW

Kate's REAL FOOD ENERGY BARS

\$40 per box of 12

It's safe to say that living the life of a professional ski bum in Jackson Hole, Wyo., provides one with ample opportunity to optimize the sport they love. In Kate Schade's case, she wanted an energy bar that not only kept her hammering down backcountry runs all day, but was also made from healthy, organic ingredients that tasted great. When she couldn't find it, she went ahead and made it herself.

And so began Kate's Real Food, which offers hand-rolled energy bars

made with high-quality, organic ingredients for outdoor adventurers of all stripes. You can buy Kate's Real Food bars by the dozen, including the Bivy Bar (lemon-coconut) the Grizzly Bar (peanut butter-dark chocolate) or Kate's Combo Pack, featuring a selection of flavours.

Kate's Real Food energy bars are available on amazon.com and ship to Canada.



Sennheiser CX SPORT IN-EAR WIRELESS HEADPHONES

\$170

Sennheiser's CX Sport wireless headphones live up to what any sporty audiophile would expect from this purveyor of superior sound.

The CX Sport's wired 'neckbud' design hits the sweet spot between traditional headphones with tangly, annoying wires and completely wireless ear buds easily lost and more prone to damage if dropped.

Yet the key differentiator between the CX Sport and most other wireless headphones comes from their balanced, crisp sound quality from the bass on up to the electric guitar.

The CX Sport also comes with three sizes of ergonomically designed ear fins that keep the earbuds in place, as noted on a muggy summer run. You'll also

enjoy CX Sport's additional features that include a sweat-and-splash resistant design, its lightweight feel and up to six hours of battery life. The CX Sport also comes with a 'quick charge' feature which will have you up and running with tunes in your ears for a full hour after a mere 15-minute charge via USB cable. Other than the somewhat hefty \$170 price tag, the CX Sport stands up to Sennheiser's promise of "high sound quality as you move."—CR 

