#### NATORI

#### SIZE GUIDE

See page 2 for sleep & lounge, clothing & shoe sizing and page 3 for legwear sizing

#### **BRAS & LINGERIE**

DRESS	XXS (30 band)	XS (32 band)	S (34 band)	M (36 band)	L (38 band)	XL (40 band)
SIZE	00-0	0-2	2-4	6-8	10-12	14
BUST	28-29	30-31	32-33	34-35	36-38	39-41
RIBCAGE	23-25	26-28	29-31	32-34	35-37	38-40
WASIT	23-24	25-26	27-28	29-30	31-33	34-36
HIP	32-33	34-35	36-37	38-39	40-42	43-45

# HERE'S HOW YOU CAN MEASURE TO MAKE SURE YOU GET THE FIT AND COMFORT THAT'S RIGHT FOR YOU.

80% of women are wearing the wrong bra size.

First, make sure you're wearing an unpadded bra to find accurate measurements.



#### LET'S GET STARTED: BAND SIZE

To find your band size, measure snuggly around your ribcage, just beneath your bust line.

RIB CA	GE
BAND S	SIZE

25"-26"	27"-28"	29"-30"	31"-32"	33"-35"	36"-39"	40"-42"	43"-44"	
30	32	34	36	38	40	42	44	



#### NEXT STEP: CUP SIZE

To find your cup size, loosely measure around the fullest part of your bust.

Keep the measuring tape parallel to the floor. Subtract this number from your band size.

Example: If your bust measures 37" and your band size measures 34", that is a 3" difference so you are a size C cup.

DIFFERENCE	
CUP SIZE	

1"	2"	3"	4"	5"	6"	7"	8"
Α	В	C	D	DD	DDD	G	Н

#### HELPFUL TIPS

Every bra style fits a bit differently. You may have the correct size, but not every bra is the right style to suit your body. Here are some extra tips to make sure you're wearing the most flattering bra for you.

The center front of the bra should lie flat against your chest without a gap.

Try lifting your arms up and down. If your bra is the right fit, it should stay in place. Your band should be level all the way around your back. If it's riding up, it is either too large or needs tightening.

Your underwire should lie flat against your ribcage. You shouldn't feel any digging or discomfort.

Your breasts should sit comfortably inside the cups. There shouldn't be any spilling out of the top, sides or bottom.

If the cups are wrinkling or puckering, try going down a cup size.

## NATORI

## SLEEP & LOUNGE

BUST WAIST

HIP

XS	S	M	L	XL	XXL	1X	2X
2-4	6-8	10-12	14-16	18	20	18-20	22-24
32.5-33.5	34.5-35.5	36.5-37.5	39-41	42-44	46-48	44-46	48-50
24.5-25.5	26.5-27.5	28.5-29.5	31-33	34-36	38-40	37.5-39.5	41.5-43.5
35.5-36.5	37.5-38.5	39.5-40.5	42-44	45-47	49-51	46.5-48.5	50.5-52.5

# CLOTHING

**BUST** 

WAIST

HIP

XS	S	M	L	XL
2	4-6	8-10	12-14	16
32.5-33.5	34.5-35.5	36.5-37.5	39-40.5	42-43.5
25-26	27-28	29-30	31.5-33	34.5-36
35-36	37-38	39-40	41.5-43	44.5-46

## **SLIPPERS**

S	M	L
5/6	7/8	9/10

# **SHOES**

**AVAILABLE SIZES: 6-10** 

\*no half sizes - if in between sizes, size up to the next whole size

## NATORI

# LEGWEAR

## WEIGHT IN POUNDS

		90	100	110	120	130	140	150	160	170	180	190	200	210		
	4'11"														150cm	
	5'0"	S	MALI	Ĺ											152cm	
	5'1"		(S)												155cm	
FT/INS	5'2"			M	EDIU	M									157cm	_ ح
	5'3"				(M)										160cm	
$\Gamma$	5'4"														163cm	[
	5'5"						I	LARGI	E						165cm	<u> </u>
	5'6"							(L)							168cm	
工	5'7"														170cm	ζ
HEIGHT	5'8"														173cm	
$\Xi$	5'9"								X	LARO	Æ				175cm	
$\exists$	5'10"									(XL)					178cm	
	5'11"														180cm	
	6'0"														183cm	
	6'1"														185cm	
		41	45	50	54	59	64	68	73	77	82	86	91	95		

#### WEIGHT IN KILOGRAMS

If your height or weight are borderline you may wish to choose the larger size.