# BRA GUIDE <br> 80\% OF WOMEN ARE WEARING THE WRONG BRA SIZE. HERE'S HOW YOU CAN MEASURE TO MAKE SURE YOU GET THE FIT AND COMFORT THAT'S RIGHT FOR YOU. 

First, make sure you're wearing an unpadded bra to find accurate measurements.


LET'S GET STARTED: BAND SIZE
To find your band size, measure snuggly around your ribcage, just beneath your bust line.
If your measurement is an odd number add 5 inches.
If your measurement is an even number add 4 inches.
Example: If you measure 29" add 5" = your band width is 34 ".
RIB CAGE
BAND SIZE

| $25^{\prime \prime}-26^{\prime \prime}$ | $27^{\prime \prime}-28^{\prime \prime}$ | $29^{\prime \prime}-30^{\prime \prime}$ | $31^{\prime \prime}-32^{\prime \prime}$ | $33^{\prime \prime}-35^{\prime \prime}$ | $36^{\prime \prime}-39^{\prime \prime}$ | $40^{\prime \prime}-42^{\prime \prime}$ | $43^{\prime \prime}-44^{\prime \prime}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 |



## NEXT STEP: CUP SIZE

To find your cup size, loosely measure around the fullest part of your bust.
Keep the measuring tape parallel to the floor. Subtract this number from your band size.
Example: If your bust measures 37" and your band size measures 34 ", that is a 3" difference so you are a size C cup.

| DIFFERENCE | $1{ }^{\prime \prime}$ | $2{ }^{\prime \prime}$ | 3" | 4" | 5" | $6{ }^{\prime \prime}$ | 7" | 8" |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| CUP SIZE | A | B | C | D | DD | DDD | G | H |

## HELPFUL TIPS

Every bra style fits a bit differently. You may have the correct size, but not every bra is the right style to suit your body. Here are some extra tips to make sure you're wearing the most flattering bra for you.

BRIDGE THE GAP
The center front of the bra should lie flat against your chest without a gap.
ON THE STRAIGHT AND NARROW
Try lifting your arms up and down. If your bra is the right fit, it should stay in place. Your band should be level all the way around your back. If it's riding up, it is either too large or needs tightening.

DOWN TO THE WIRE
Your underwire should lie flat against your ribcage. You shouldn't feel any digging or discomfort.
SAFE AND SECURE
Your breasts should sit comfortably inside the cups. There shouldn't be any spilling out of the top, sides or bottom.

## NATORI

PAGE 2

## SIZE GUIDE

SLEEPWEAR COLLECTIONS

BUST
WAIST
HIP

| $X S$ | $S$ | $M$ | $L$ | $X L$ | $X X L$ | $1 X$ | $2 X$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $2-4$ | $6-8$ | $10-12$ | $14-16$ | 18 | 20 | $18-20$ | $22-24$ |
| $32.5-33.5$ | $34.5-35.5$ | $36.5-37.5$ | $39-41$ | $42-44$ | $46-48$ | $44-46$ | $48-50$ |
| $24.5-25.5$ | $26.5-27.5$ | $28.5-29.5$ | $31-33$ | $34-36$ | $38-40$ | $37.5-39.5$ | $41.5-43.5$ |
| $35.5-36.5$ | $37.5-38.5$ | $39.5-40.5$ | $42-44$ | $45-47$ | $49-51$ | $46.5-48.5$ | $50.5-52.5$ |

JOSIE NATORI READY-TO-WEAR COLLECTION BUST

WAIST
HIP

| XS | S | M | L | XL |
| :---: | :---: | :---: | :---: | :---: |
| 2 | $4-6$ | $8-10$ | $12-14$ | 16 |
| $32.5-33.5$ | $34.5-35.5$ | $36.5-37.5$ | $39-40.5$ | $42-43.5$ |
| $25-26$ | $27-28$ | $29-30$ | $31.5-33$ | $34.5-36$ |
| $35-36$ | $37-38$ | $39-40$ | $41.5-43$ | $44.5-46$ |

## SLIPPERS

| S | M | L |
| :---: | :---: | :---: |
| $5 / 6$ | $7 / 8$ | $9 / 10$ |

WEIGHT IN POUNDS

net tights / sheer / pantyhose
SIZES: S, M, L, XL

WEIGHT IN POUNDS


| S/M | M/L | L/XL |
| :---: | :---: | :---: |
| $4^{\prime} 10^{\prime \prime}-5^{\prime} 6^{\prime \prime}$ | $5^{\prime} 4^{\prime \prime}$ - $6^{\prime}$ | 5'6". $6^{\prime}$ |
| 147.167 cm | 162.183 cm | 167.183 cm |
| 90.135 lbs | $130-175 \mathrm{lbs}$ | 170.225 lbs |
| 40.62 kg | 60.80 kg | 78.102 kg |

opaque tights / sweater tights / pointelle tights / sheers / leggings
SIZES: $S / M, M / L, L / X L$

## NATORI

