

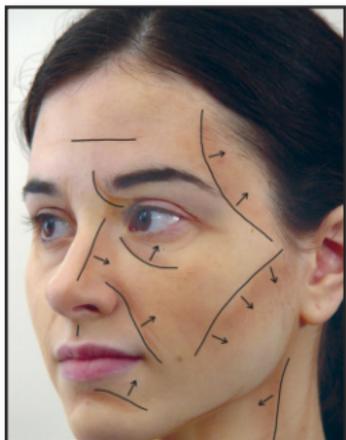
Professional  
**AGING**  
Techniques



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MAKEUP

Learn professional  
aging techniques with  
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using Mehron Makeup

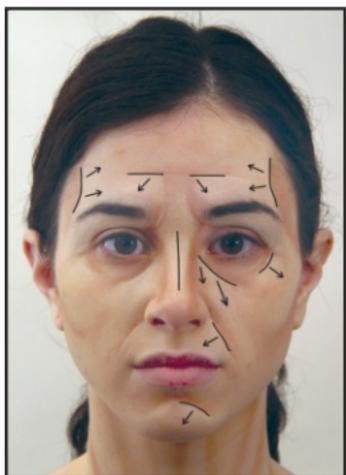
## OLD AGE



**Step 1:** Apply a foundation base matching your skin tone. Next apply contour. Contour should be a few shades darker than your base and is used to make certain areas recede and appear hollow. Place contour in the eye sockets, sides of nose, under cheekbones, temples, neck, under the eye, and smile lines. Contour should have one hard edge that is slightly unblended and one

soft edge that is mostly blended into the base (see image for blending direction).

**BEFORE**



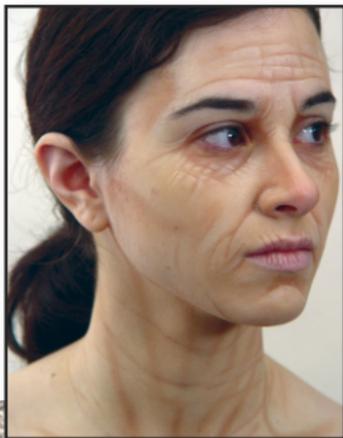
**Step 2:** Next apply highlights. Highlights should be a few shades lighter than your base and are used to bring certain areas forward and protrude. Highlights should be added adjacent to the hard contour and be blended in the opposite direction (see image for highlight placement and blending direction).

**Step 3:** Apply wrinkles on top of the existing makeup. Wrinkles are made using thin highlights and shadows. Each wrinkle has a hard and soft edge. Wrinkles are added horizontally on the

forehead, to the area around the eyes, onto the cheekbone, to the lips, and horizontally on the neck crossing the vertical shadows.

On the neck, blend the wrinkle upwards keeping the hard edge on the bottom.

With all wrinkles, use the highlighting technique, keeping the hard edge of the highlights against the hard edge of the shadows, blending the highlight downward.





**Step 4:** Apply translucent discolorations. Common discolorations are age spots, which are created with a reddish-brown freckle color. Additionally, the highlights can be texturized by using a black stipple sponge with blush tone or bronze color. Age spots should be random and faint. Discolorations should be translucent and appear to be seen through the skin. Once completed, apply Colorset Powder

with a powder puff to set the makeup.



## MIDDLE AGE



**Step 1:** A similar process can be used to age yourself into a middle-aged person. Start by applying a base matching your skin tone. Then apply a contour shade (a few shades darker than your base) to the temples, cheekbones, sides of nose, upper lip, below the lip, chin, and jawline. Blend contours down and away

from the center of the face. Apply highlights (a few shades lighter than base) against the edge of the contour and blend away from the shadow. Next, lightly line the eyes on both the upper and lower lids with a dark brown pencil. Lightly fill the eyebrows with the liner pencil.



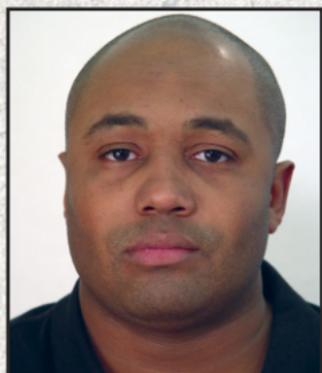
BEFORE



**Step 2:** Using the same technique, you can continue to intensify and add to the contours and highlights. The longer and more intense the highlight and contours are, the older you will appear. For a middle-age effect, shadows should be deep and wrinkles should be minimal. Once you have achieved your desired look, apply Colorset Powder with a puff to set the makeup.



# AGING Techniques



## Makeup, hair & wigs by Joe Rossi

### About the Artist:

Joe Rossi has designed makeup for feature films, network television, commercials and for theatre, opera and ballet. He has taught master classes and workshops for over 20 years at many institutions including Boston University, Brown University, Emerson College and Salve Regina University. Film credits include Osmosis Jones, State and Main, Thirteen Days, Outside Providence and Stuck on You.

Television credits include Unsolved Mysteries, Saturday Night Live and makeup for three U.S. Presidents.

### Models:

Carolyn Glick, Ann Reddick, Jallah Leonard and Francesco Nuzzi

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